

ADAMS RESOURCES & ENERGY, INC.  
 Form 8-K  
 September 02, 2005

**SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

**FORM 8-K**

**CURRENT REPORT**

Pursuant to Section 13 or 15(d) of  
 the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): September 1, 2005

		<b>ADAMS RESOURCES &amp; ENERGY, INC.</b>						
		(Exact name of registrant as specified in its charter)						
		<b>Delaware</b>			<b>1-7908</b>		<b>74-1753147</b>	
		(State or other jurisdiction of incorporation)			(Commission file number)		(IRS employer identification no.)	
		<b>4400 Post Oak Pkwy, Suite 2700, Houston, Texas</b>					<b>77027</b>	
		(Address of principal executive offices)					(Zip code)	

			<b>(713) 881-3600</b>			
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(Registrant's telephone number, including area code)

Item 8.01.

Other Events

On September 1, 2005 Adams Resources & Energy, Inc. announced that the Company and its partners have notified the United Kingdom's Department of Trade and Industry of their intention to relinquish their license for Block 21-1b in the U.K. sector of the North Sea. The license will be allowed to expire at the end of its first term period on September 30, 2005. In connection with the announcement, Adams Resources & Energy, Inc. issued a press release on September 1, 2005. A copy of the announcement is furnished as Exhibit 99.1 to this report and is incorporated herein by reference.

Item 9.01 Financial Statements and Exhibits

- (c) 99.1 Copy of Adams Resources & Energy, Inc. press release dated September 1, 2005 entitled "Adams Resources Relinquishes a North Sea Block."
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**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

**ADAMS RESOURCES & ENERGY, INC.**

Date: September 1, 2005

By: /s/ Richard B. Abshire

Richard B. Abshire

Chief Financial Officer

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The following designated exhibits are incorporated by reference as filed with this report, as indicated.

**EXHIBIT INDEX**

Exhibit No.    Description

99.1	Copy of Adams Resources & Energy, Inc. press release dated September 1, 2005 entitled "Adams Resources Relinquishes A North Sea Block"
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