

WASHINGTON REAL ESTATE INVESTMENT TRUST
Form 10-Q
November 04, 2010

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 10-Q

QUARTERLY REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

For quarterly period ended September 30, 2010

OR

TRANSITION REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934.

COMMISSION FILE NO. 1-6622

WASHINGTON REAL ESTATE INVESTMENT TRUST

(Exact name of registrant as specified in its charter)

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MARYLAND
(State of incorporation)

53-0261100
(IRS Employer

Identification Number)

6110 EXECUTIVE BOULEVARD, SUITE 800, ROCKVILLE, MARYLAND 20852

(Address of principal executive office) (Zip code)

Registrant's telephone number, including area code: (301) 984-9400

Securities registered pursuant to Section 12(b) of the Act:

| Title of Each Class | Name of exchange on which registered |
|-------------------------------|---|
| Shares of Beneficial Interest | New York Stock Exchange |

Securities registered pursuant to Section 12(g) of the Act: None

Indicate by check mark whether the registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Securities Exchange Act of 1934 during the preceding 12 months (or such shorter period that the registrant was required to file such reports) and (2) has been subject to such filing requirements for the past ninety (90) days. YES NO

Indicate by checkmark whether the registrant has submitted electronically and posted on its corporate Web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T (§232.405 of this chapter) during the preceding 12 months (or for such shorter period that the registrant was required to submit and post such files). YES NO

Indicate by check mark whether the registrant is a large accelerated filer, an accelerated filer, a non-accelerated filer or a smaller reporting company. See definition of large accelerated filer, accelerated filer and smaller reporting company in Rule 12b-2 of the Exchange Act.

Large accelerated filer

Accelerated filer

Non-accelerated filer

Smaller reporting company

Indicate by check mark whether the registrant is a shell company (as defined in Rule 12b-2 of the Act). YES NO

As of November 2, 2010, 64,097,186 common shares were outstanding.

WASHINGTON REAL ESTATE INVESTMENT TRUST

INDEX

| | Page |
|--|-------------|
| Part I: Financial Information | |
| Item 1. <u>Consolidated Financial Statements (Unaudited)</u> | 3 |
| <u>Consolidated Balance Sheets</u> | 4 |
| <u>Condensed Consolidated Statements of Income</u> | 5 |
| <u>Consolidated Statement of Changes in Shareholders' Equity</u> | 6 |
| <u>Consolidated Statements of Cash Flows</u> | 7 |
| <u>Notes to Financial Statements</u> | 8 |
| Item 2. <u>Management's Discussion and Analysis of Financial Condition and Results of Operations</u> | 20 |
| Item 3. <u>Quantitative and Qualitative Disclosures about Market Risk</u> | 50 |
| Item 4. <u>Controls and Procedures</u> | 50 |
| Part II: Other Information | |
| Item 1. <u>Legal Proceedings</u> | 51 |
| Item 1A. <u>Risk Factors</u> | 51 |
| Item 2. <u>Unregistered Sales of Equity Securities and Use of Proceeds</u> | 51 |
| Item 3. <u>Defaults upon Senior Securities</u> | 51 |
| Item 4. <u>(Removed and Reserved)</u> | 51 |
| Item 5. <u>Other Information</u> | 51 |
| Item 6. <u>Exhibits</u> | 52 |
| <u>Signatures</u> | 53 |

PART I

FINANCIAL INFORMATION

ITEM 1: FINANCIAL STATEMENTS

The information furnished in the accompanying unaudited Consolidated Balance Sheets, Statements of Income, Statement of Changes in Shareholders' Equity and Statements of Cash Flows reflects all adjustments, consisting of normal recurring items, which are, in the opinion of management, necessary for a fair presentation of the financial position, results of operations and cash flows for the interim periods. The accompanying financial statements and notes thereto should be read in conjunction with the financial statements and notes for the three years ended December 31, 2009 included in WRIT's 2009 Annual Report on Form 10-K.

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

CONSOLIDATED BALANCE SHEETS

(IN THOUSANDS, EXCEPT PER SHARE DATA)

(UNAUDITED)

| | September 30, 2010 | December 31, 2009 |
|--|-----------------------|----------------------|
| Assets | | |
| Land | \$ 418,195 | \$ 408,779 |
| Income producing property | 1,951,606 | 1,886,408 |
| | 2,369,801 | 2,295,187 |
| Accumulated depreciation and amortization | (529,716) | (468,291) |
| Net income producing property | 1,840,085 | 1,826,896 |
| Development in progress | 26,103 | 25,031 |
| Total real estate held for investment, net | 1,866,188 | 1,851,927 |
| Investment in real estate sold or held for sale, net | | 14,289 |
| Cash and cash equivalents | 262,413 | 11,203 |
| Restricted cash | 19,858 | 19,170 |
| Rents and other receivables, net of allowance for doubtful accounts of \$7,977 and \$6,433, respectively | 56,218 | 50,441 |
| Prepaid expenses and other assets | 106,302 | 97,605 |
| Other assets related to properties sold or held for sale | | 590 |
| Total assets | \$ 2,310,979 | \$ 2,045,225 |
| Liabilities | | |
| Notes payable | \$ 930,201 | \$ 688,912 |
| Mortgage notes payable | 381,109 | 405,451 |
| Lines of credit | 100,000 | 128,000 |
| Accounts payable and other liabilities | 54,137 | 52,580 |
| Advance rents | 10,969 | 11,103 |
| Tenant security deposits | 9,703 | 9,668 |
| Other liabilities related to properties sold or held for sale | | 448 |
| Total liabilities | 1,486,119 | 1,296,162 |
| Equity | | |
| Shareholders' equity | | |
| Shares of beneficial interest; \$0.01 par value; 100,000 shares authorized: 64,093 and 59,811 shares issued and outstanding, respectively | | |
| | 642 | 599 |
| Additional paid in capital | 1,074,308 | 944,825 |
| Distributions in excess of net income | (251,964) | (198,412) |
| Accumulated other comprehensive income (loss) | (1,906) | (1,757) |
| Total shareholders' equity | 821,080 | 745,255 |
| Noncontrolling interests in subsidiaries | 3,780 | 3,808 |
| Total equity | 824,860 | 749,063 |

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| | | |
|--|--------------|--------------|
| Total liabilities and shareholders' equity | \$ 2,310,979 | \$ 2,045,225 |
|--|--------------|--------------|

See accompanying notes to the financial statements.

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

CONDENSED CONSOLIDATED STATEMENTS OF INCOME

(IN THOUSANDS, EXCEPT PER SHARE DATA)

(UNAUDITED)

| | Three Months Ended September 30, | | Nine Months Ended September 30, | |
|---|-------------------------------------|-----------|------------------------------------|------------|
| | 2010 | 2009 | 2010 | 2009 |
| Revenue | | | | |
| Real estate rental revenue | \$ 76,274 | \$ 74,987 | \$ 227,865 | \$ 227,163 |
| Expenses | | | | |
| Real estate expenses | 25,152 | 25,573 | 76,710 | 77,547 |
| Depreciation and amortization | 24,278 | 23,484 | 71,459 | 69,620 |
| General and administrative | 3,153 | 3,518 | 10,455 | 9,931 |
| | 52,583 | 52,575 | 158,624 | 157,098 |
| Real estate operating income | 23,691 | 22,412 | 69,241 | 70,065 |
| Other income (expense) | | | | |
| Interest expense | (17,100) | (18,224) | (51,178) | (57,221) |
| Other income (expense) | 301 | (54) | 423 | 120 |
| Gain from non-disposal activities | 4 | 62 | 4 | 62 |
| Gain (loss) on extinguishment of debt, net | (238) | (133) | (280) | 6,931 |
| | (17,033) | (18,349) | (51,031) | (50,108) |
| Income from continuing operations | 6,658 | 4,063 | 18,210 | 19,957 |
| Discontinued operations: | | | | |
| Gain on sale of real estate | | 5,147 | 7,942 | 11,821 |
| Income from operations of properties held for sale | | 393 | 792 | 1,867 |
| Net income | 6,658 | 9,603 | 26,944 | 33,645 |
| Less: Net income attributable to noncontrolling interests in subsidiaries | (33) | (53) | (109) | (154) |
| Net income attributable to the controlling interests | \$ 6,625 | \$ 9,550 | \$ 26,835 | \$ 33,491 |
| Basic net income attributable to the controlling interests per share | | | | |
| Continuing operations | \$ 0.11 | \$ 0.07 | \$ 0.29 | \$ 0.35 |
| Discontinued operations, including gain on sale of real estate | | 0.09 | 0.14 | 0.25 |
| Net income attributable to the controlling interests per share | \$ 0.11 | \$ 0.16 | \$ 0.43 | \$ 0.60 |
| Diluted net income attributable to the controlling interests per share | | | | |
| Continuing operations | \$ 0.10 | \$ 0.07 | \$ 0.29 | \$ 0.35 |
| Discontinued operations, including gain on sale of real estate | | 0.09 | 0.14 | 0.25 |
| Net income attributable to the controlling interests per share | \$ 0.10 | \$ 0.16 | \$ 0.43 | \$ 0.60 |

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| | | | | | |
|---------------------------------------|---------|-----------|-----------|-----------|-----------|
| Weighted average shares outstanding | basic | 62,894 | 58,556 | 61,332 | 55,936 |
| Weighted average shares outstanding | diluted | 63,055 | 58,571 | 61,460 | 55,940 |
| Dividends declared and paid per share | | \$ 0.4325 | \$ 0.4325 | \$ 1.2975 | \$ 1.2975 |

See accompanying notes to the financial statements.

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

CONSOLIDATED STATEMENTS OF SHAREHOLDERS EQUITY

(IN THOUSANDS)

(UNAUDITED)

| | Shares | Shares of Beneficial Interest at Par Value | Additional Paid in Capital | Distributions in Excess of Net Income Attributable to the Controlling Interests | Accumulated Other Comprehensive Income | Total Shareholders Equity | Noncontrolling Interests in Subsidiaries | Total Equity |
|---|--------|---|----------------------------------|---|---|---------------------------------|---|-----------------|
| Balance, December 31, 2009 | 59,811 | \$ 599 | \$ 944,825 | \$ (198,412) | \$ (1,757) | \$ 745,255 | \$ 3,808 | \$ 749,063 |
| Comprehensive income: | | | | | | | | |
| Net income attributable to the controlling interests | | | | 26,835 | | 26,835 | | 26,835 |
| Net income attributable to noncontrolling interests | | | | | | | 109 | 109 |
| Change in fair value of interest rate hedge | | | | | (149) | (149) | | (149) |
| Total comprehensive income | | | | | | 26,686 | 109 | 26,795 |
| Distributions to noncontrolling interests | | | | | | | (137) | (137) |
| Dividends | | | | (80,387) | | (80,387) | | (80,387) |
| Equity offerings, net of issuance costs | 3,965 | 40 | 118,028 | | | 118,068 | | 118,068 |
| Shares issued under Dividend Reinvestment Program | 131 | 1 | 3,923 | | | 3,924 | | 3,924 |
| Share options exercised | 160 | 2 | 3,870 | | | 3,872 | | 3,872 |
| Share grants, net of share grant amortization and forfeitures | 26 | | 3,662 | | | 3,662 | | 3,662 |
| Balance, September 30, 2010 | 64,093 | \$ 642 | \$ 1,074,308 | \$ (251,964) | \$ (1,906) | \$ 821,080 | \$ 3,780 | \$ 824,860 |

See accompanying notes to the financial statements.

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

CONSOLIDATED STATEMENTS OF CASH FLOWS

(IN THOUSANDS)

(UNAUDITED)

| | Nine Months Ended September 30, | |
|---|------------------------------------|-----------|
| | 2010 | 2009 |
| Cash flows from operating activities | | |
| Net income | \$ 26,944 | \$ 33,645 |
| Adjustments to reconcile net income to net cash provided by (used in) operating activities: | | |
| Depreciation and amortization, including amounts in discontinued operations | 71,555 | 70,499 |
| Provision for losses on accounts receivable | 3,319 | 5,202 |
| Amortization of share grants, net | 3,969 | 2,640 |
| Amortization of debt premiums, discounts and related financing costs | 4,576 | 5,436 |
| Gain on sale of real estate | (7,942) | (11,821) |
| Loss (gain) on extinguishment of debt, net | 280 | (6,931) |
| Changes in operating other assets | (18,872) | (12,616) |
| Changes in operating other liabilities | (348) | (4,732) |
| Net cash provided by operating activities | 83,481 | 81,322 |
| Cash flows from investing activities | | |
| Real estate acquisitions, net | (68,000) | (19,877) |
| Net cash received for sale of real estate | 22,204 | 32,658 |
| Capital improvements to real estate | (14,569) | (19,040) |
| Development in progress | (1,174) | (1,725) |
| Non-real estate capital improvements | (256) | (208) |
| Net cash provided by (used in) investing activities | (61,795) | (8,192) |
| Cash flows from financing activities | | |
| Line of credit borrowings | 62,800 | 90,000 |
| Line of credit repayments | (90,800) | (151,000) |
| Dividends paid | (80,387) | (74,194) |
| Distributions to noncontrolling interests | (137) | (143) |
| Proceeds from dividend reinvestment program | 3,924 | 1,158 |
| Proceeds from mortgage notes payable | | 37,500 |
| Principal payments mortgage notes payable | (24,870) | (52,928) |
| Financing costs | (2,101) | (786) |
| Net proceeds from debt offering | 247,998 | |
| Net proceeds from equity offerings | 118,068 | 161,092 |
| Notes payable repayments, including penalties for early extinguishment | (8,843) | (88,600) |
| Net proceeds from exercise of share options | 3,872 | 16 |
| Net cash provided by (used in) financing activities | 229,524 | (77,885) |
| Net increase (decrease) in cash and cash equivalents | 251,210 | (4,755) |
| Cash and cash equivalents at beginning of year | 11,203 | 11,874 |

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| | | |
|--|------------|-----------|
| Cash and cash equivalents at end of period | \$ 262,413 | \$ 7,119 |
| Supplemental disclosure of cash flow information: | | |
| Cash paid for interest, net of amounts capitalized | \$ 46,078 | \$ 52,315 |

See accompanying notes to the financial statements.

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS

SEPTEMBER 30, 2010

(UNAUDITED)

NOTE 1: NATURE OF BUSINESS

Washington Real Estate Investment Trust (We or WRIT), a Maryland real estate investment trust, is a self-administered, self-managed equity real estate investment trust, successor to a trust organized in 1960. Our business consists of the ownership and development of income-producing real estate properties in the greater Washington metro region. We own a diversified portfolio of office buildings, medical office buildings, industrial/flex centers, multifamily buildings and retail centers.

Federal Income Taxes

We believe that we qualify as a real estate investment trust (REIT) under Sections 856-860 of the Internal Revenue Code and intend to continue to qualify as such. To maintain our status as a REIT, we are required to distribute 90% of our ordinary taxable income to our shareholders. When selling properties, we have the option of (a) reinvesting the sales proceeds of properties sold, allowing for a deferral of income taxes on the sale, (b) paying out capital gains to the shareholders with no tax to WRIT or (c) treating the capital gains as having been distributed to the shareholders, paying the tax on the gain deemed distributed and allocating the tax paid as a credit to the shareholders.

Generally, no provisions for income taxes are necessary except for taxes on undistributed REIT taxable income and taxes on the income generated by our taxable REIT subsidiaries (TRS). Our TRS is subject to corporate federal and state income tax on its taxable income at regular statutory rates. Our TRS has net operating loss carryforwards available of approximately \$5.0 million. These carryforwards begin to expire in 2028. We have considered estimated future taxable income and have determined that there were no income tax provisions or material net deferred income tax items for our TRS for the quarters and periods ended September 30, 2010 and 2009.

NOTE 2: SUMMARY OF SIGNIFICANT ACCOUNTING POLICIES AND BASIS OF PRESENTATION

Significant Accounting Policies

We have prepared our consolidated financial statements using the accounting policies described in our Annual Report on Form 10-K for the year ended December 31, 2009.

Basis of Presentation

The accompanying unaudited consolidated financial statements have been prepared pursuant to the rules and regulations of the Securities and Exchange Commission. Certain information and note disclosures normally included in annual financial statements prepared in accordance with U.S. generally accepted accounting principles (GAAP) have been condensed or omitted pursuant to those rules and regulations, although we believe that the disclosures made are adequate to make the information presented not misleading. In addition, in the opinion of management, all adjustments (consisting of normal recurring accruals) considered necessary for a fair presentation of the results for the periods presented have been included. These unaudited financial statements should be read in conjunction with the financial statements and notes included in our Annual Report on Form 10-K for the year ended December 31, 2009.

Within these notes to the financial statements, we refer to the three months ended September 30, 2010 and September 30, 2009 as the 2010 Quarter and the 2009 Quarter , respectively, and the nine months ended September 30, 2010 and September 30, 2009 as the 2010 Period and the 2009 Period , respectively.

Use of Estimates in the Financial Statements

The preparation of financial statements in conformity with GAAP requires management to make certain estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements and the reported amounts of revenues and expenses during the reporting period. Actual results could differ from those estimates.

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

Reclassifications

Certain prior year amounts have been reclassified to conform to the current year presentation due to the reclassification of certain properties as discontinued operations (see note 3 to the consolidated financial statements).

NOTE 3: REAL ESTATE ACQUISITIONS AND DISCONTINUED OPERATIONS*Acquisitions*

WRIT acquired two office buildings at Quantico Corporate Center in Stafford, Virginia during the 2010 Period:

| Acquisition Date | Property Name | Property Type | Rentable Square Feet | Purchase Price (in thousands) |
|------------------|------------------------------|---------------|----------------------|-------------------------------|
| June 3, 2010 | 925 and 1000 Corporate Drive | Office | 271,000 | \$68,000 |

The results of operations from these acquired properties are included in the income statement as of their acquisition date.

Discontinued Operations

WRIT sold the following properties during 2009 and the 2010 Period:

| Disposition Date | Property | Type | Rentable Square Feet | Contract Purchase Price (In thousands) | Gain on Sale (In thousands) |
|-------------------|---------------------------------|--------------------|----------------------|--|-----------------------------|
| May 13, 2009 | Avondale | Multifamily | 170,000 | \$ 19,800 | \$ 6,700 |
| July 23, 2009 | Tech 100 Industrial Park | Industrial | 166,000 | 10,500 | 4,100 |
| July 31, 2009 | Brandywine Center | Office | 35,000 | 3,300 | 1,000 |
| November 13, 2009 | Crossroads Distribution Center | Industrial | 85,000 | 4,400 | 1,500 |
| 2009 Total | | | 456,000 | \$ 38,000 | \$ 13,300 |
| June 18, 2010 | Parklawn Portfolio ¹ | Office/ Industrial | 229,000 | \$ 23,400 | \$ 7,900 |
| 2010 Total | | | 229,000 | \$ 23,400 | \$ 7,900 |

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¹ *The Parklawn Portfolio is comprised of three office properties (Parklawn Plaza, Lexington Building and Saratoga Building) and one industrial property (Charleston Business Center).*

We settled each of the above sales in cash in full at closing, and met the criteria to recognize in full the gain on sale of real estate during the period in which each sale was executed.

Operating results of the properties classified as discontinued operations are summarized as follows (in thousands):

| | Quarters Ended | | Periods Ended | |
|-------------------------------|-----------------------|-------------|----------------------|-------------|
| | September 30, | | September 30, | |
| | 2010 | 2009 | 2010 | 2009 |
| Revenues | \$ | \$ 1,031 | \$ 1,672 | \$ 4,965 |
| Property expenses | | (433) | (784) | (2,219) |
| Depreciation and amortization | | (205) | (96) | (879) |
| | \$ | \$ 393 | \$ 792 | \$ 1,867 |

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

Operating income (loss) by each property classified as discontinued operations is summarized below (in thousands):

| Property | Segment | Quarters Ended | | Periods Ended | |
|--------------------------------|-------------|--------------------|--------------------|--------------------|--------------------|
| | | September 30, 2010 | September 30, 2009 | September 30, 2010 | September 30, 2009 |
| Avondale | Multifamily | \$ | \$ | \$ | \$ 392 |
| Tech 100 Industrial Park | Industrial | | 23 | | 261 |
| Brandywine Center | Office | | 16 | | 85 |
| Crossroads Distribution Center | Industrial | | 7 | | 79 |
| Parklawn Plaza | Office | | 22 | 132 | 90 |
| Lexington Building | Office | | 47 | 65 | 102 |
| Saratoga Building | Office | | 97 | 225 | 371 |
| Charleston Business Center | Industrial | | 181 | 370 | 487 |
| | | \$ | \$ 393 | \$ 792 | \$ 1,867 |

NOTE 4: MORTGAGE NOTES PAYABLE

On July 12, 2010 we repaid without penalty a \$21.7 million mortgage note payable secured by The Crescent and The Ridges.

NOTE 5: UNSECURED LINES OF CREDIT PAYABLE

As of September 30, 2010, we maintained a \$75.0 million unsecured line of credit (Credit Facility No. 1) maturing in June 2011 and a \$262.0 million unsecured line of credit (Credit Facility No. 2) maturing in November 2011 after the exercise of a one year extension during the 2010 Quarter. The amounts of these lines of credit unused and available at September 30, 2010 are as follows (in millions):

| | Credit Facility No. 1 | Credit Facility No. 2 |
|--------------------------|--------------------------|--------------------------|
| Committed capacity | \$ 75.0 | \$ 262.0 |
| Borrowings outstanding | | (100.0) |
| Letters of credit issued | (0.8) | (0.9) |
| Unused and available | \$ 74.2 | \$ 161.1 |

We executed borrowings and repayments on the unsecured lines of credit during the 2010 Quarter as follows (in millions):

| | Credit Facility No. 1 | Credit Facility No. 2 |
|--------------------------|--------------------------|--------------------------|
| Balance at June 30, 2010 | \$ 7.0 | \$ 100.0 |
| Borrowings | 21.8 | |

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| | | | |
|-------------------------------|--------|----|-------|
| Repayments | (28.8) | | |
| Balance at September 30, 2010 | \$ | \$ | 100.0 |

During the 2010 Quarter, we borrowed \$21.8 million on Credit Facility No. 1 to fund the repayment of a mortgage note (see note 4 to the consolidated financial statements). We repaid \$28.8 million using proceeds from the equity issued under our sales agency financing agreement.

NOTE 6: NOTES PAYABLE

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

During the 2010 Quarter, we repurchased \$7.6 million of our 3.875% convertible notes at 100.25% of par, resulting in a net loss on extinguishment of debt of \$0.2 million, net of unamortized debt costs and debt discounts. During the 2010 Period, we repurchased \$8.8 million of our 3.875% convertible notes at 100.1% of par, resulting in a net loss on extinguishment of \$0.3 million, net of unamortized debt costs and debt discounts. As of September 30, 2010 and December 31, 2009, the contractual amount outstanding on the convertible notes was \$125.5 million and \$134.3 million, respectively.

On September 30, 2010, we issued \$250.0 million of 4.95% unsecured notes due October 1, 2020. The notes bear an effective interest rate of 5.053%. Our net proceeds were \$245.8 million. Subsequent to the end of the 2010 Quarter, we used the proceeds to repurchase \$122.8 million of our outstanding 3.875% convertible notes due in 2026 and \$56.1 million of our 5.95% senior notes due in 2011 (see note 13 to the consolidated financial statements). We may use the remaining proceeds to repay borrowings under our lines of credit or for general corporate purposes.

NOTE 7: SHARE OPTIONS AND GRANTS

Total compensation expense recognized in the consolidated financial statements for all share based awards, including share grants, restricted share units and performance share units, in the 2010 and 2009 Quarters and Periods was (in thousands):

| | Quarters Ended September 30, | | Periods Ended September 30, | |
|----------------------------------|---------------------------------|----------|--------------------------------|----------|
| | 2010 | 2009 | 2010 | 2009 |
| Stock Based Compensation Expense | \$ 1,311 | \$ 1,136 | \$ 4,299 | \$ 2,640 |

Options

The 150,890 options outstanding at September 30, 2010, all of which are exercisable, have exercise prices between \$21.34 and \$33.09, with a weighted-average exercise price of \$26.56 and a weighted average remaining contractual life of 2.2 years. The aggregate intrinsic value of outstanding exercisable shares at September 30, 2010 was \$0.8 million. In the 2010 Quarter and Period, the aggregate intrinsic value of options exercised was minimal and \$0.8 million, respectively, and the aggregate intrinsic value of options forfeited in the 2010 Quarter and Period was minimal. There were no options exercised or forfeited in the 2009 Quarter or Period.

Share Grants

The total fair value of shares vested during the 2010 Period is \$27,000. As of September 30, 2010, the total compensation cost related to non-vested share awards not yet recognized was \$12,700, which we expect to recognize over a weighted average period of five months.

Restricted Share Units

The total fair value of restricted share units vested during the 2010 Period is \$265,300. The value of unvested restricted share units at September 30, 2010 was \$3.8 million, which we expect to recognize as compensation cost over a weighted average period of 41 months. The unamortized value of restricted share units expected to be awarded in December 2010 is \$0.9 million, which we expect to recognize as compensation cost over a weighted average period of 40 months.

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

Performance Share Units

The total fair value of performance share units vested during the 2010 Period is \$22,300. As of September 30, 2010, the future expected expense related to performance share units with performance conditions, estimated based on the probable number of performance share units expected to vest under the current plan, totaled \$2.5 million, which we expect to recognize as compensation cost over a weighted average period of 20 months. As of September 30, 2010, the future expected expense related to performance share units with market conditions, totaled \$0.9 million, which we expect to recognize over a weighted average period of 23 months.

NOTE 8: FAIR VALUE DISCLOSURES*Financial Assets and Liabilities Measured at Fair Value*

For assets and liabilities measured at fair value on a recurring basis, quantitative disclosures about the fair value measurements are required to be disclosed separately for each major category of assets and liabilities. The only assets or liabilities we had at September 30, 2010 and December 31, 2009 that are recorded at fair value on a recurring basis are the assets held in the Supplemental Executive Retirement Program (SERP) and the interest rate hedge contracts. We base the valuations related to these items on assumptions derived from significant other observable inputs and accordingly these valuations fall into Level 2 in the fair value hierarchy. The fair values of these assets and liabilities at September 30, 2010 and December 31, 2009 are as follows (in millions):

| | September 30, 2010 | | | | December 31, 2009 | | | |
|--------------|--------------------|--|---|---|-------------------|--|---|---|
| | Fair Value | Quoted Prices in Active Markets for Identical Assets (Level 1) | Significant Other Observable Inputs (Level 2) | Significant Unobservable Inputs (Level 3) | Fair Value | Quoted Prices in Active Markets for Identical Assets (Level 1) | Significant Other Observable Inputs (Level 2) | Significant Unobservable Inputs (Level 3) |
| Assets: | | | | | | | | |
| SERP | \$ 1.5 | \$ | \$ 1.5 | \$ | \$ 1.1 | \$ | \$ 1.1 | \$ |
| Liabilities: | | | | | | | | |
| Derivatives | \$ 1.9 | \$ | \$ 1.9 | \$ | \$ 1.8 | \$ | \$ 1.8 | \$ |

Financial Assets and Liabilities Not Measured at Fair Value

The following disclosures of estimated fair value were determined by management using available market information and established valuation methodologies, including discounted cash flow. Many of these estimates involve significant judgment. The estimated fair value disclosed may not necessarily be indicative of the amounts we could realize on disposition of the financial instruments. The use of different market assumptions or estimation methodologies could have an effect on the estimated fair value amounts. In addition, fair value estimates are made at a point in time and thus, estimates of fair value subsequent to September 30, 2010 may differ significantly from the amounts presented.

Below is a summary of significant methodologies used in estimating fair values and a schedule of fair values at September 30, 2010.

Cash and Cash Equivalents

Cash and cash equivalents includes cash and commercial paper with original maturities of less than 90 days, which are valued at the carrying value, which approximates fair value due to the short maturity of these instruments.

Notes Receivable

The fair value of the notes is estimated based on quotes for debt with similar terms and characteristics or a discounted cash flow methodology using market discount rates if reliable quotes are not available.

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

Mortgage Notes Payable

Mortgage notes payable consist of instruments in which certain of our real estate assets are used for collateral. The fair value of the mortgage notes payable is estimated by discounting the contractual cash flows at a rate equal to the relevant treasury rates (with respect to the timing of each cash flow) plus credit spreads estimated through independent comparisons to real estate assets with similar characteristics.

Lines of Credit Payable

Lines of credit payable consist of bank facilities which we use for various purposes including working capital, acquisition funding or capital improvements. The lines of credit advances are priced at a specified rate plus a spread. The carrying value of the lines of credit payable is estimated to be market value given the adjustable rate of these borrowings.

Notes Payable

The fair value of the notes payable is estimated by discounting the contractual cash flows at a rate equal to the relevant treasury rates (with respect to the timing of each cash flow) plus credit spreads derived using the relevant securities market prices.

| (in thousands) | September 30, 2010 | | December 31, 2009 | |
|--|--------------------|------------|-------------------|------------|
| | Carrying Value | Fair Value | Carrying Value | Fair Value |
| Cash and cash equivalents, including restricted cash | \$ 282,271 | \$ 282,271 | \$ 30,373 | \$ 30,373 |
| 2445 M Street note receivable | \$ 6,967 | \$ 8,130 | \$ 7,157 | \$ 8,995 |
| Mortgage notes payable | \$ 381,109 | \$ 414,669 | \$ 405,451 | \$ 406,982 |
| Lines of credit payable | \$ 100,000 | \$ 100,000 | \$ 128,000 | \$ 128,000 |
| Notes payable | \$ 930,201 | \$ 972,480 | \$ 688,912 | \$ 693,620 |

NOTE 9: DERIVATIVE INSTRUMENTS

In February 2008, we entered into an interest rate swap with a notional amount of \$100 million that qualified as a cash flow hedge. This interest rate swap expired in February 2010. In May 2009, we entered into a forward interest rate swap with a notional amount of \$100 million that qualifies as a cash flow hedge. We enter into interest rate swaps to manage our exposure to variable rate interest risk. We do not purchase derivatives for speculation. We record our cash flow hedges at fair value in accordance with GAAP, based on various discounted cash flow methodologies and observable inputs. We record the effective portion of changes in fair value of cash flow hedges in other comprehensive income. This change in fair value of cash flow hedges is the only activity in other comprehensive income (loss) during the periods presented in our consolidated financial statements. We record the ineffective portion of changes in fair value of cash flow hedges in earnings in the period affected. We assess the effectiveness of our cash flow hedges both at inception and on an ongoing basis. We deemed the hedges to be effective for the 2010 and 2009 Quarters and Periods, as applicable.

The fair value and balance sheet locations of the interest rate swaps as of September 30, 2010 and December 31, 2009 are as follows (in millions):

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| | September 30, 2010 Fair Value | December 31, 2009 Fair Value |
|--|----------------------------------|---------------------------------|
| Accounts payable and other liabilities | \$ 1.9 | \$ 1.8 |

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

The interest rate swaps have been effective since inception. The gain or loss on the effective swaps is recognized in other comprehensive income, as follows (in millions):

| | Quarters Ended September 30, | | Periods Ended September 30, | |
|---|------------------------------|----------|-----------------------------|--------|
| | 2010 | 2009 | 2010 | 2009 |
| | Fair | Fair | Fair | Fair |
| | Value | Value | Value | Value |
| Change in other comprehensive income (loss) | \$ 0.0 | \$ (0.3) | \$ (0.1) | \$ 0.3 |

Derivative instruments expose us to credit risk in the event of non-performance by the counterparty under the terms of the interest rate hedge agreement. We believe that we minimize our credit risk on these transactions by dealing with major, creditworthy financial institutions. As part of our on-going control procedures, we monitor the credit ratings of counterparties and our exposure to any single entity, thus minimizing our credit risk concentration.

NOTE 10: EARNINGS PER COMMON SHARE

We determine Basic earnings per share using the two-class method as our unvested restricted share awards have non-forfeitable rights to dividends, and are therefore considered participating securities. We compute basic earnings per share by dividing net income attributable to the controlling interest less the allocation of undistributed earnings to unvested restricted share awards by the weighted-average number of common shares outstanding for the period.

We also determine Diluted earnings per share under the two-class method with respect to the unvested restricted share awards. We further evaluate any other potentially dilutive securities at the end of the period and adjust the basic earnings per share calculation for the impact of those securities that are dilutive. Our diluted earnings per share calculation includes the dilutive impact of employee stock options based on the treasury stock method and our performance share units under the contingently issuable method. The diluted earnings per share calculation also considers our operating partnership units and 3.875% convertible notes under the if-converted method. The operating partnership units and 3.875% convertible notes were anti-dilutive for the 2010 and 2009 Quarters and Periods, and are not included in our earnings per share calculations.

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

The following table sets forth the computation of basic and diluted earnings per share (amounts in thousands; except per share data):

| | Quarter Ended September 30, 2010 | | |
|--|----------------------------------|--|------------------------|
| | Income (Numerator) | Weighted Average Shares (Denominator) | Per Share Amount |
| Basic earnings: | | | |
| Income from continuing operations | \$ 6,658 | 62,894 | \$ 0.11 |
| Less: Net income attributable to noncontrolling interests | (33) | | |
| Allocation of undistributed earnings to unvested restricted share awards and units | (21) | | |
| Adjusted income from continuing operations attributable to the controlling interests | 6,604 | 62,894 | 0.11 |
| Income from discontinued operations, including gain on sale of real estate | | | |
| Adjusted net income attributable to the controlling interests | 6,604 | 62,894 | 0.11 |
| Effect of dilutive securities: | | | |
| Employee stock options and performance share units | | 161 | |
| Diluted earnings: | | | |
| Adjusted income from continuing operations attributable to the controlling interests | 6,604 | 63,055 | 0.10 |
| Income from discontinued operations, including gain on sale of real estate | | | |
| Adjusted net income attributable to the controlling interests | \$ 6,604 | 63,055 | \$ 0.10 |

| | Quarter Ended September 30, 2009 | | |
|--|----------------------------------|--|---------------------|
| | Income (Numerator) | Weighted Average Shares (Denominator) | Per Share Amount |
| Basic earnings: | | | |
| Income from continuing operations | \$ 4,063 | 58,556 | \$ 0.07 |
| Less: Net income attributable to noncontrolling interests | (53) | | |
| Allocation of undistributed earnings to unvested restricted share awards and units | (17) | | |
| Adjusted income from continuing operations attributable to the controlling interests | 3,993 | 58,556 | 0.07 |
| Income from discontinued operations, including gain on sale of real estate | 5,540 | 58,556 | 0.09 |
| Adjusted net income attributable to the controlling interests | 9,533 | 58,556 | 0.16 |
| Effect of dilutive securities: | | | |
| Employee stock options and performance share units | | 15 | |

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Diluted earnings:

| | | | |
|--|----------|--------|---------|
| Adjusted income from continuing operations attributable to the controlling interests | 3,993 | 58,571 | 0.07 |
| Income from discontinued operations, including gain on sale of real estate | 5,540 | 58,571 | 0.09 |
| Adjusted net income attributable to the controlling interests | \$ 9,533 | 58,571 | \$ 0.16 |

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

| | Period Ended September 30, 2010 | | |
|--|---------------------------------|--|---------------------|
| | Income (Numerator) | Weighted Average Shares (Denominator) | Per Share Amount |
| Basic earnings: | | | |
| Income from continuing operations | \$ 18,210 | 61,332 | \$ 0.30 |
| Less: Net income attributable to noncontrolling interests | (109) | | |
| Allocation of undistributed earnings to unvested restricted share awards and units | (97) | | |
| Adjusted income from continuing operations attributable to the controlling interests | 18,004 | 61,332 | 0.29 |
| Income from discontinued operations | 8,734 | 61,332 | 0.14 |
| Adjusted net income attributable to the controlling interests | 26,738 | 61,332 | 0.43 |
| Effect of dilutive securities: | | | |
| Employee stock options and performance share units | | 128 | |
| Diluted earnings: | | | |
| Adjusted income from continuing operations attributable to the controlling interests | 18,004 | 61,460 | 0.29 |
| Income from discontinued operations, including gain on sale of real estate | 8,734 | 61,460 | 0.14 |
| Adjusted net income attributable to the controlling interests | \$ 26,738 | 61,460 | \$ 0.43 |

| | Period Ended September 30, 2009 | | |
|--|---------------------------------|--|---------------------|
| | Income (Numerator) | Weighted Average Shares (Denominator) | Per Share Amount |
| Basic earnings: | | | |
| Income from continuing operations | \$ 19,957 | 55,936 | \$ 0.36 |
| Less: Net income attributable to noncontrolling interests | (154) | | |
| Allocation of undistributed earnings to unvested restricted share awards and units | (99) | | |
| Adjusted income from continuing operations attributable to the controlling interests | 19,704 | 55,936 | 0.35 |
| Income from discontinued operations, including gain on sale of real estate | 13,688 | 55,936 | 0.25 |
| Adjusted net income attributable to the controlling interests | 33,392 | 55,936 | 0.60 |
| Effect of dilutive securities: | | | |
| Employee stock options and performance share units | | 4 | |
| Diluted earnings: | | | |
| Adjusted income from continuing operations attributable to the controlling interests | 19,704 | 55,940 | 0.35 |
| Income from discontinued operations, including gain on sale of real estate | 13,688 | 55,940 | 0.25 |
| Adjusted net income attributable to the controlling interests | \$ 33,392 | 55,940 | \$ 0.60 |

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

NOTE 11: SEGMENT INFORMATION

We have five reportable segments: office, medical office, retail, multifamily and industrial/flex properties. Office buildings provide office space for various types of businesses and professions. Medical office buildings provide offices and facilities for a variety of medical services. Retail centers are typically neighborhood grocery store or drug store anchored retail centers. Multifamily properties provide rental housing for individuals and families throughout the Washington metropolitan area. Industrial/flex centers are used for flex-office, warehousing, services and distribution type facilities.

We evaluate performance based upon operating income from the combined properties in each segment. Our reportable operating segments are consolidations of similar properties. GAAP requires that segment disclosures present the measure(s) used by the chief operating decision maker for purposes of assessing segments' performance. Net operating income is a key measurement of our segment profit and loss. Net operating income is defined as segment real estate rental revenue less segment real estate expenses.

The following table presents revenues and net operating income for the 2010 and 2009 Quarters from these segments, and reconciles net operating income of reportable segments to net income as reported (in thousands):

| | Quarter Ended September 30, 2010 | | | | | | Consolidated |
|---|----------------------------------|----------------|------------|-------------|------------------|---------------------|--------------|
| | Office | Medical Office | Retail | Multifamily | Industrial/ Flex | Corporate and Other | |
| Real estate rental revenue | \$ 34,443 | \$ 10,993 | \$ 9,865 | \$ 12,434 | \$ 8,539 | \$ | \$ 76,274 |
| Real estate expenses | 12,479 | 3,635 | 2,028 | 4,798 | 2,212 | | 25,152 |
| Net operating income | \$ 21,964 | \$ 7,358 | \$ 7,837 | \$ 7,636 | \$ 6,327 | \$ | \$ 51,122 |
| Depreciation and amortization | | | | | | | (24,278) |
| Interest expense | | | | | | | (17,100) |
| General and administrative | | | | | | | (3,153) |
| Other income (expense) | | | | | | | 301 |
| Gain from non-disposal activities | | | | | | | 4 |
| Gain (loss) on extinguishment of debt | | | | | | | (238) |
| Net income | | | | | | | 6,658 |
| Less: Net income attributable to noncontrolling interests | | | | | | | (33) |
| Net income attributable to the controlling interests | | | | | | | \$ 6,625 |
| Capital expenditures | \$ 2,925 | \$ 676 | \$ 896 | \$ 548 | \$ 452 | \$ 92 | \$ 5,589 |
| Total assets | \$ 964,235 | \$ 356,115 | \$ 224,707 | \$ 231,855 | \$ 240,822 | \$ 293,245 | \$ 2,310,979 |

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

Quarter Ended September 30, 2009

| | Office | Medical Office | Retail | Multifamily | Industrial/Flex | Corporate and Other | Consolidated |
|---|------------|-------------------|------------|-------------|-----------------|------------------------|--------------|
| Real estate rental revenue | \$ 32,912 | \$ 11,099 | \$ 10,182 | \$ 11,833 | \$ 8,961 | \$ | \$ 74,987 |
| Real estate expenses | 11,861 | 3,832 | 2,517 | 4,964 | 2,399 | | 25,573 |
| Net operating income | \$ 21,051 | \$ 7,267 | \$ 7,665 | \$ 6,869 | \$ 6,562 | \$ | \$ 49,414 |
| Depreciation and amortization | | | | | | | (23,484) |
| Interest expense | | | | | | | (18,224) |
| General and administrative | | | | | | | (3,518) |
| Other income (expense) | | | | | | | (54) |
| Gain from non-disposal activities | | | | | | | 62 |
| Gain (loss) on extinguishment of debt, net | | | | | | | (133) |
| Gain on sale of real estate | | | | | | | 5,147 |
| Income from discontinued operations | | | | | | | 393 |
| Net income | | | | | | | 9,603 |
| Less: Net income attributable to noncontrolling interests | | | | | | | (53) |
| Net income attributable to the controlling interests | | | | | | | \$ 9,550 |
| Capital expenditures | \$ 2,844 | \$ 1,126 | \$ 714 | \$ 303 | \$ 797 | \$ 67 | \$ 5,851 |
| Total assets | \$ 931,489 | \$ 359,656 | \$ 228,404 | \$ 243,889 | \$ 256,911 | \$ 38,048 | \$ 2,058,397 |

Period Ended September 30, 2010

| | Office | Medical Office | Retail | Multifamily | Industrial/Flex | Corporate and Other | Consolidated |
|---|------------|-------------------|-----------|-------------|-----------------|------------------------|--------------|
| Real estate rental revenue | \$ 100,744 | \$ 33,695 | \$ 30,566 | \$ 36,192 | \$ 26,668 | \$ | \$ 227,865 |
| Real estate expenses | 35,271 | 11,190 | 7,877 | 14,425 | 7,947 | | 76,710 |
| Net operating income | \$ 65,473 | \$ 22,505 | \$ 22,689 | \$ 21,767 | \$ 18,721 | \$ | \$ 151,155 |
| Depreciation and amortization | | | | | | | (71,459) |
| Interest expense | | | | | | | (51,178) |
| General and administrative | | | | | | | (10,455) |
| Other income (expense) | | | | | | | 423 |
| Gain from non-disposal activities | | | | | | | 4 |
| Loss on extinguishment of debt, net | | | | | | | (280) |
| Gain on sale of real estate | | | | | | | 7,942 |
| Income from discontinued operations | | | | | | | 792 |
| Net income | | | | | | | 26,944 |
| Less: Net income attributable to noncontrolling interests | | | | | | | (109) |

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Net income attributable to the controlling interests \$ 26,835

Capital expenditures \$ 8,049 \$ 3,398 \$ 1,101 \$ 1,279 \$ 742 \$ 256 \$ 14,825

WASHINGTON REAL ESTATE INVESTMENT TRUST AND SUBSIDIARIES

NOTES TO CONSOLIDATED FINANCIAL STATEMENTS (Continued)

SEPTEMBER 30, 2010

(UNAUDITED)

| | Period Ended September 30, 2009 | | | | | | Consolidated |
|---|---------------------------------|-------------------|-----------|-------------|------------------|---------------------------|--------------|
| | Office | Medical Office | Retail | Multifamily | Industrial/ Flex | Corporate and Other | |
| Real estate rental revenue | \$ 99,776 | \$ 33,617 | \$ 30,995 | \$ 34,606 | \$ 28,169 | \$ | \$ 227,163 |
| Real estate expenses | 36,024 | 11,331 | 7,955 | 14,549 | 7,688 | | 77,547 |
| Net operating income | \$ 63,752 | \$ 22,286 | \$ 23,040 | \$ 20,057 | \$ 20,481 | \$ | \$ 149,616 |
| Depreciation and amortization | | | | | | | (69,620) |
| Interest expense | | | | | | | (57,221) |
| General and administrative | | | | | | | (9,931) |
| Other income (expense) | | | | | | | 120 |
| Gain from non-disposal activities | | | | | | | 62 |
| Gain on extinguishment of debt, net | | | | | | | 6,931 |
| Gain on sale of real estate | | | | | | | 11,821 |
| Income from discontinued operations | | | | | | | 1,867 |
| Net income | | | | | | | 33,645 |
| Less: Net income attributable to noncontrolling interests | | | | | | | (154) |
| Net income attributable to the controlling interests | | | | | | | \$ 33,491 |
| Capital expenditures | \$ 10,329 | \$ 3,283 | \$ 1,218 | \$ 1,881 | \$ 2,329 | \$ 208 | \$ 19,248 |

NOTE 12: SHAREHOLDERS EQUITY

During the fourth quarter of 2009, we entered into a sales agency financing agreement with BNY Mellon Capital Markets, LLC relating to the issuance and sale of up to \$250.0 million of our common shares from time to time over a period of no more than 36 months, replacing a previous agreement made during the third quarter of 2008. Sales under this program of our common shares are made at market prices prevailing at the time of sale. We used the net proceeds from the sale of common shares under this program for the repayment of borrowings under our lines of credit, acquisitions, and general corporate purposes. We executed issuances under this program as follows (in thousands, except for weighted average issue price):

| | 2010 Quarter | 2010 Period |
|------------------------------|--------------|-------------|
| Common shares issued | 1,668 | 3,965 |
| Weighted average issue price | \$ 30.98 | \$ 30.20 |
| Net proceeds | \$ 50,991 | \$ 118,068 |

We have a dividend reinvestment program, whereby shareholders may use their dividends and optional cash payments to purchase common shares. The common shares sold under this program may either be common shares issued by us or common shares purchased in the open market. We use the net proceeds under this program for general corporate purposes. We executed issuances under this program as follows (in thousands, except for weighted average issue price):

| | 2010 Quarter | 2010 Period |
|------------------------------|--------------|-------------|
| Common shares issued | 44 | 131 |
| Weighted average issue price | \$ 31.39 | \$ 30.02 |
| Net proceeds | \$ 1,370 | \$ 3,924 |

NOTE 13: SUBSEQUENT EVENTS

Subsequent to the end of the 2010 Quarter, we closed on repurchases totaling \$122.8 million of our 3.875% convertible notes at 102.75% of par and \$56.1 million of our 5.95% senior notes at 103.75% of par. The estimated loss on extinguishment of debt for these transactions is \$9.0 million.

ITEM 2: MANAGEMENT'S DISCUSSION AND ANALYSIS OF FINANCIAL CONDITION AND RESULTS OF OPERATIONS

The following discussion should be read in conjunction with our consolidated financial statements and the notes thereto appearing in Item 1 of this report and the more detailed information contained in our Annual Report on Form 10-K for the year ended December 31, 2009 filed with the Securities and Exchange Commission on February 26, 2010.

We refer to the three months ended September 30, 2010 and September 30, 2009 as the 2010 Quarter and the 2009 Quarter, respectively, and to the nine months ended September 30, 2010 and September 30, 2009 as the 2010 Period and 2009 Period, respectively.

Forward-Looking Statements

This Form 10-Q contains forward-looking statements which involve risks and uncertainties. Forward-looking statements include statements in this report preceded by, followed by or that include the words believe, expect, intend, anticipate, potential, project, will and other similar expressions. We claim the protection of the safe harbor for forward-looking statements contained in the Private Securities Litigation Reform Act of 1995 for these statements. The following important factors, in addition to those discussed elsewhere in this Form 10-Q, could affect our future results and could cause those results to differ materially from those expressed in the forward-looking statements: (a) the effect of the recent credit and financial market conditions; (b) the availability and cost of capital; (c) fluctuations in interest rates; (d) the economic health of our tenants; (e) the timing and pricing of lease transactions; (f) the economic health of the greater Washington metro region, or other markets we may enter; (g) the effects of changes in Federal government spending; (h) the supply of competing properties; (i) consumer confidence; (j) unemployment rates; (k) consumer tastes and preferences; (l) our future capital requirements; (m) inflation; (n) compliance with applicable laws, including those concerning the environment and access by persons with disabilities; (o) governmental or regulatory actions and initiatives; (p) changes in general economic and business conditions; (q) terrorist attacks or actions; (r) acts of war; (s) weather conditions; (t) the effects of changes in capital available to the technology and biotechnology sectors of the economy, and (u) other factors discussed under the caption Risk Factors in our Annual Report on Form 10-K for the year ended December 31, 2009 filed with the Securities and Exchange Commission on February 26, 2010. We undertake no obligation to update our forward-looking statements or risk factors to reflect new information, future events, or otherwise.

General

Introductory Matters

We provide our Management's Discussion and Analysis of Financial Condition and Results of Operations (MD&A) in addition to the accompanying consolidated financial statements and notes to assist readers in understanding our results of operations and financial condition. We organize the MD&A as follows:

Overview. Discussion of our business, operating results, investment activity and cash requirements, and summary of our significant transactions to provide context for the remainder of MD&A.

Critical Accounting Policies and Estimates. Descriptions of accounting policies that reflect significant judgments and estimates used in the preparation of our consolidated financial statements.

Results of Operations. Discussion of our financial results comparing the 2010 Quarter to the 2009 Quarter and the 2010 Period to the 2009 Period.

Liquidity and Capital Resources. Discussion of our financial condition and analysis of changes in our capital structure and cash flows.

When evaluating our financial condition and operating performance, we focus on the following financial and non-financial indicators:

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Net operating income (NOI), calculated as real estate rental revenue less real estate expenses excluding depreciation and amortization, interest expense and general and administrative expenses. NOI is a non-GAAP supplemental measure to net income.

Funds From Operations (FFO), calculated as set forth below under the caption Funds from Operations. FFO is a non-GAAP supplemental measure to net income.

Economic occupancy (occupancy), calculated as actual real estate rental revenue recognized for the period indicated as a percentage of gross potential real estate rental revenue for that period. We determine gross potential real estate rental revenue by valuing occupied units or square footage at contract rates and vacant units or square footage at market rates for comparable properties. We do not consider percentage rents and expense reimbursements in computing economic occupancy percentages.

Leased percentage, calculated as the percentage of available physical net rentable area leased for our commercial segments and percentage of apartments leased for our multifamily segment.

Rental rates.

Leasing activity, including new leases, renewals and expirations.

Overview

Business

Our revenues are derived primarily from the ownership and operation of income-producing properties in the greater Washington metro region. As of September 30, 2010, we owned a diversified portfolio of 88 properties, totaling approximately 10.9 million square feet of commercial space and 2,540 multifamily units, and land held for development. These 88 properties consisted of 26 office properties, 19 industrial/flex properties, 18 medical office properties, 14 retail centers and 11 multifamily properties.

We have a fundamental strategy of regional focus and diversification by property type. During the 2010 Period we acquired two fully-leased office buildings totaling approximately 271,000 square feet at Quantico Corporate Center in Stafford, Virginia and sold Parklawn Plaza, the Lexington Building, the Saratoga Building and Charleston Business Center (collectively, the Parklawn Portfolio). These purchase and sale transactions are consistent with our strategy in recent years of upgrading our portfolio by selling lower quality properties and acquiring or developing higher quality properties that are inside the Beltway, near major transportation nodes or associated with Base Realignment and Closure (BRAC) initiatives or other significant employment drivers in the greater metro area. We will seek to continue to upgrade our portfolio as opportunities arise. However, market conditions may limit our ability to acquire or sell properties at attractive prices in the future.

Operating Results

Real estate rental revenue, NOI, net income and FFO for the 2010 and 2009 Quarters were as follows (in thousands):

| | 2010 Quarter | 2009 Quarter | Change |
|--|-----------------|-----------------|------------|
| Real estate rental revenue | \$ 76,274 | \$ 74,987 | \$ 1,287 |
| NOI ⁽¹⁾ | \$ 51,122 | \$ 49,414 | \$ 1,708 |
| Net income attributable to the controlling interests | \$ 6,625 | \$ 9,550 | \$ (2,925) |
| FFO ⁽²⁾ | \$ 30,899 | \$ 28,030 | \$ 2,869 |

⁽¹⁾ See page 30 of the MD&A for reconciliations of NOI to net income.

⁽²⁾ See page 49 of the MD&A for reconciliations of FFO to net income.

Real estate rental revenue increased by \$1.3 million in the 2010 Quarter as compared to the 2009 Quarter due to the acquisition of Quantico Corporate Center during the second quarter of 2010 and higher occupancy and rental rates in the multifamily segment. These were partially offset by higher vacancy in the rest of the portfolio. The \$1.7 million increase in NOI reflects the higher real estate rental revenue as well as lower real estate taxes caused by lower assessments on our properties.

The increase in FFO reflects the increase in NOI as well as a \$1.1 million decrease in interest expense. Net income decreased by \$2.9 million due to a \$5.1 million gain on sale of real estate during the 2009 Quarter. The lower interest expense results from the paydowns of a \$50.0 million mortgage note and a portion of our 3.875% convertible notes during 2009 and 2010 using the proceeds from equity issuances and property sales,

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as well as prepaying the \$100.0 million term loan using lower interest borrowings on our lines of credit.

We believe our declines in occupancy reflect the economic conditions of the Washington metro area, as recovery from the national economic recession has been slow. According to Delta Associates/Transwestern Commercial Services (Delta), the area's unemployment rate was 6.3% at July 2010, an increase from 6.2% one year prior. Delta has stated that it expects the recovery from the recession to be slow during the balance of 2010 and into early 2011.

Investment and Sales Activity

While we did not acquire or sell any properties during the 2010 Quarter, we are currently exploring the marketplace for potential acquisitions. We will also continue to explore the sale of other properties in our portfolio, including assets where we expect slower cash flow growth.

Cash Requirements

During the 2009 Quarter, we prepaid without penalty a \$21.7 million mortgage note payable using proceeds from our lines of credit.

On September 30, 2010, we issued \$250.0 million of 4.95% unsecured notes due October 1, 2020. The notes bear an effective interest rate of 5.053%. Our net proceeds were \$245.8 million. Subsequent to the end of the 2010 Quarter, we completed a tender offer for our 5.95% senior notes due in 2011 that resulted in the repurchase of \$56.1 million of those notes. We also completed a tender offer for our 3.875% convertible notes puttable at par in 2011 that resulted in the repurchase of \$122.8 million of those notes.

Net of these repurchases, our total remaining debt maturities for the balance of 2010 and 2011 are \$1.1 million and \$209.9 million, respectively. We currently expect to pay the remaining 2011 maturities with some combination of proceeds from new debt, property sales and equity issuances.

Significant Transactions

We summarize below our significant transactions during the 2010 and 2009 Periods:

2010 Period

The acquisition of two office buildings for \$68.0 million, adding approximately 271,000 square feet, which were 100% leased at the end of the 2010 Period.

The disposition of the Parklawn Portfolio, consisting of three office properties and one industrial property, for a contract sales price of \$23.4 million and a gain on sale of \$7.9 million.

The issuance of \$250.0 million of 4.95% unsecured notes due October 1, 2020, with net proceeds of \$245.8 million. The notes bear an effective interest rate of 5.053%.

The repurchase of \$8.8 million of our 3.875% convertible notes at 100.1% of par, resulting in a net loss on extinguishment of debt of \$0.3 million.

The issuance of 4.0 million common shares at a weighted average price of \$30.20 under our sales agency financing agreement, raising \$118.1 million in net proceeds.

The execution of new leases for 1.2 million square feet of commercial space (excluding first generation leases at recently-built properties), with an average rental rate increase of 13.4% over expiring leases.

2009 Period

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The completion of a public offering of 5.25 million common shares priced at \$21.40 per share, raising \$107.5 million in net proceeds.

The disposition of one multifamily property for a contract sales price of \$19.75 million and a gain on sale of \$6.7 million.

The disposition of one industrial property, Tech 100, for a contract sales price of \$10.5 million and a gain on sale of \$4.1 million.

The disposition of one office property, Brandywine Center, for a contract sales price of \$3.3 million and a gain on sale of \$1.0 million.

The acquisition of one newly constructed medical office building for \$19.9 million, adding approximately 87,400 square feet.

The prepayment of a \$50.0 million mortgage note payable, secured by Munson Hill Towers, Country Club Towers, Roosevelt Towers, Park Adams Apartments and the Ashby of McLean, with no prepayment penalties.

The execution of an agreement to modify our \$100.0 million term loan with Wells Fargo Bank, National Association to extend the maturity date from February 19, 2010 to November 1, 2011. This agreement also increased the interest rate on the term loan from LIBOR plus 150 basis points to LIBOR plus 275 basis points.

The repurchase of \$101.6 million of our 3.875% convertible notes at 80% to 95.8% of par, resulting in a net gain on extinguishment of debt of \$6.9 million.

The issuance of 2.0 million common shares at a weighted average price of \$27.37 under our sales agency financing agreement, raising \$53.8 million in net proceeds.

The execution of one mortgage note of approximately \$37.5 million at a fixed rate of 5.37%, secured by the Kenmore Apartments.

The execution of new leases for 1.1 million square feet of commercial space, with an average rental rate increase of 11.8% over expiring leases.

Critical Accounting Policies and Estimates

We base the discussion and analysis of our financial condition and results of operations upon our consolidated financial statements, which have been prepared in accordance with accounting principles generally accepted in the United States. The preparation of these financial statements requires us to make estimates and judgments that affect the reported amounts of assets, liabilities, revenues and expenses. On an on-going basis, we evaluate these estimates, including those related to estimated useful lives of real estate assets, estimated fair value of acquired leases, cost reimbursement income, bad debts, contingencies and litigation. We base the estimates on historical experience and on various other assumptions that we believe to be reasonable under the circumstances, the results of which form the basis for making judgments about the carrying values of assets and liabilities that are not readily apparent from other sources. We cannot assure you that actual results will not differ from those estimates.

We believe the following critical accounting estimates are the most critical to aid in fully understanding our reported financial results, and they require our most difficult, subjective or complex judgments, resulting from the need to make estimates about the effect of matters that are inherently uncertain.

Allowance for Doubtful Accounts

We recognize rental income and rental abatements from our multifamily and commercial leases when earned on a straight-line basis over the lease term. We record a provision for losses on accounts receivable equal to the estimated uncollectible amounts. We base this estimate on our historical experience and a monthly review of the current status of our receivables. We consider factors such as the age of the receivable, the payment history of our tenants and our assessment of our tenants' ability to perform under their lease obligations, among other things. In addition to rents due currently, accounts receivable include amounts representing minimal rental income accrued on a straight-line basis to be paid by tenants over the remaining term of their respective leases. Our estimate of uncollectible accounts is subject to revision as these factors change and is sensitive to the impact of economic and market conditions on tenants.

Real Estate

We record acquired or assumed assets, including physical assets and in-place leases, and liabilities, based on their fair values. We record goodwill when the purchase price exceeds the fair value of the assets and liabilities acquired. We determine the estimated fair values of the assets and liabilities in accordance with current GAAP fair value provisions. We determine the fair

values of acquired buildings on an as-if-vacant basis considering a variety of factors, including the physical condition and quality of the buildings, estimated rental and absorption rates, estimated future cash flows and valuation assumptions consistent with current market conditions. We allocate the as-if-vacant fair value to land, building and tenant improvements based on property tax assessments and other relevant information obtained in connection with the acquisition of the property.

The fair value of in-place leases consists of the following components (a) the estimated cost to us to replace the leases, including foregone rents during the period of finding a new tenant and foregone recovery of tenant pass-throughs (referred to as absorption cost), (b) the estimated cost of tenant improvements, and other direct costs associated with obtaining a new tenant (referred to as tenant origination cost); (c) estimated leasing commissions associated with obtaining a new tenant (referred to as leasing commissions); (d) the above/at/below market cash flow of the leases, determined by comparing the projected cash flows of the leases in place to projected cash flows of comparable market-rate leases (referred to as net lease intangible); and (e) the value, if any, of customer relationships, determined based on our evaluation of the specific characteristics of each tenant's lease and our overall relationship with the tenant (referred to as customer relationship value).

We discount the amounts used to calculate net lease intangibles using an interest rate which reflects the risks associated with the leases acquired. We include tenant origination costs in income producing property on our balance sheet and amortize the tenant origination costs as depreciation expense on a straight-line basis over the useful life of the asset, which is typically the remaining life of the underlying leases. We classify leasing commissions and absorption costs as other assets and amortize leasing commissions and absorption costs as amortization expense on a straight-line basis over the remaining life of the underlying leases. We classify above market net lease intangible assets as other assets and amortize net lease intangible assets on a straight-line basis as a decrease to real estate rental revenue over the remaining term of the underlying leases. We classify below market net lease intangible liabilities as other liabilities and amortize net lease intangible liabilities on a straight-line basis as an increase to real estate rental revenue over the remaining term of the underlying leases. Should a tenant terminate its lease, we write off the unamortized portion of the tenant origination cost (if it has no future value), leasing commissions, absorption costs and net lease intangible associated with that lease.

We capitalize interest costs incurred on borrowing obligations while qualifying assets are being readied for their intended use. We amortize capitalized interest over the useful life of the related underlying assets upon those assets being placed into service.

We recognize impairment losses on long-lived assets used in operations and held for sale, development assets or land held for future development, if indicators of impairment are present and the net undiscounted cash flows estimated to be generated by those assets are less than the assets' carrying amount and estimated undiscounted cash flows associated with future development expenditures. If such carrying amount is in excess of the estimated cash flows from the operation and disposal of the property, we would recognize an impairment loss equivalent to an amount required to adjust the carrying amount to the estimated fair value. The estimated fair value would be calculated in accordance with current GAAP fair value provisions.

Stock Based Compensation

We initially measure compensation expense for restricted performance-based share units at fair value at the grant date as payouts are probable, and we re-measure compensation expense at subsequent reporting dates until all of the award's key terms and conditions are known and a vesting has occurred. The number of restricted performance-based share units that actually vest may differ significantly from our estimates. We amortize such performance-based share units to expense over the performance period.

We measure compensation expense for performance-based share units with market conditions based on the grant date fair value, as determined using a Monte Carlo simulation. We amortize the expense ratably over the requisite service period, regardless of whether the market conditions are achieved and the awards ultimately vest.

We estimate forfeitures for unvested stock based compensation based on historical pre-vesting employee forfeiture patterns. We ultimately adjust our pre-vesting forfeiture assumptions to actual forfeiture rates, so changes in forfeiture assumptions would not affect the expense ultimately recognized over the vesting period. Estimated forfeitures are reassessed each reporting period based on historical experience and current projections for the future.

Federal Income Taxes

Generally, no provisions for income taxes are necessary except for taxes on undistributed REIT taxable income and taxes on the income generated by our taxable REIT subsidiaries (TRS). Our TRS is subject to corporate federal and state income tax on its taxable income at regular statutory rates. Our TRS has net operating loss carryforwards that begin to expire in 2028. We have considered estimated future taxable income and have determined that there were no income tax provisions or material net deferred income tax items for our TRS.

Results of Operations

The discussion that follows is based on our consolidated results of operations for the 2010 and 2009 Quarters and Periods. The ability to compare one period to another may be significantly affected by acquisitions completed and dispositions made during those periods.

For purposes of evaluating comparative operating performance, we categorize our properties as core, non-core or discontinued operations. A core property is one that was owned for the entirety of the periods being evaluated and is included in continuing operations. A non-core property is one that was acquired or placed into service during either of the periods being evaluated and is included in continuing operations. Results for properties sold or held for sale during any of the periods evaluated are classified as discontinued operations.

To provide more insight into our operating results, we divide our discussion into two main sections: (a) the consolidated results of operations section, in which we provide an overview analysis of results on a consolidated basis, and (b) the net operating income (NOI) section, in which we provide a detailed analysis of core and non-core NOI results by segment.

Consolidated Results of Operations

Real Estate Rental Revenue

Real estate rental revenue for properties classified as continuing operations is summarized as follows (all data in thousands except percentage amounts):

| | Quarters Ended September 30, | | | | Periods Ended September 30, | | | |
|----------------------------------|------------------------------|-----------|----------|---------|-----------------------------|------------|----------|---------|
| | 2010 | 2009 | Change | | 2010 | 2009 | Change | |
| | \$ | \$ | \$ | % | \$ | \$ | \$ | % |
| Minimum base rent | \$ 67,435 | \$ 65,527 | \$ 1,908 | 2.9% | \$ 198,495 | \$ 196,347 | \$ 2,148 | 1.1% |
| Recoveries from tenants | 7,162 | 8,059 | (897) | (11.1%) | 24,939 | 27,117 | (2,178) | (8.0%) |
| Provisions for doubtful accounts | (1,208) | (1,450) | 242 | 16.7% | (4,075) | (4,378) | 303 | 6.9% |
| Lease termination fees | 75 | 355 | (280) | (78.9%) | 523 | 815 | (292) | (35.8%) |
| Parking and other tenant charges | 2,810 | 2,496 | 314 | 12.6% | 7,983 | 7,262 | 721 | 9.9% |
| | \$ 76,274 | \$ 74,987 | \$ 1,287 | 1.7% | \$ 227,865 | \$ 227,163 | \$ 702 | 0.3% |

Real estate rental revenue is comprised of (a) minimum base rent, which includes rental revenues recognized on a straight-line basis, (b) revenue from the recovery of operating expenses from our tenants, (c) provisions for doubtful accounts, which includes provisions for straight-line receivables, (d) revenue from the collection of lease termination fees and (e) parking and other tenant charges such as percentage rents.

Minimum Base Rent: Minimum base rent increased by \$1.9 million in the 2010 Quarter as compared to the 2009 Quarter due primarily to the acquisition of Quantico Corporate Center (\$2.1 million), partially offset by a \$0.2 million decrease in minimum base rent from core properties. The \$0.2 million decrease at core properties was due to lower occupancy (\$2.0 million), partially offset by higher rental rates (\$1.8 million).

Minimum base rent increased by \$2.1 million in the 2010 Period as compared to the 2009 Period due primarily to acquisitions and the lease-up of our development properties (\$3.9 million), partially offset by a \$1.7 million decrease in minimum base rent from core properties. The \$1.7 million decrease at core properties was due to lower occupancy (\$4.7 million) and higher rent abatements (\$0.3 million), partially offset by higher rental rates (\$3.6 million).

Recoveries from Tenants: Recoveries from tenants decreased by \$0.9 million in the 2010 Quarter as compared to the 2009 Quarter due to lower common area maintenance reimbursements (\$0.6 million) and lower real estate tax reimbursements (\$0.3 million). A driver of our lower common area maintenance reimbursements was lower overall occupancy in our portfolio.

Recoveries from tenants decreased by \$2.2 million in the 2010 Period as compared to the 2009 Period due to lower real estate tax reimbursements (\$1.8 million) caused by lower property assessments across the portfolio and lower utility reimbursements (\$0.7 million). These were offset by higher reimbursements from non-core properties (\$0.3 million). A driver of our lower utility reimbursements was lower overall occupancy in our portfolio.

Provisions for Doubtful Accounts: Provisions for doubtful accounts decreased by \$0.2 million in the 2010 Quarter as compared to the 2009 Quarter due to lower provisions in the industrial segment.

Provisions for doubtful accounts decreased by \$0.3 million in the 2010 Period as compared to the 2009 Period due to lower provisions in the industrial segment (\$0.5 million). This was partially offset by higher provisions in the retail (\$0.1 million) and medical office (\$0.1 million) segments.

Lease Termination Fees: Lease termination fees decreased by \$0.3 million in the 2010 Quarter as compared to the 2009 Quarter due to fewer terminations in the office and industrial segments.

Lease termination fees decreased by \$0.3 million in the 2010 Period as compared to the 2009 Period due to fewer terminations in the office, industrial and medical office segments.

Parking and Other Tenant Charges: Parking and other tenant charges increased by \$0.3 million in 2010 Quarter as compared to the 2009 Quarter due to higher antenna rent (\$0.1 million) from new rental contracts in the multifamily and office segments, as well as higher parking income (\$0.1 million) in the office segment.

Parking and other tenant charges increased by \$0.7 million in 2010 Period as compared to the 2009 Period due primarily to higher antenna rent (\$0.4 million) caused by the execution of new rental contracts in the multifamily and office segments.

A summary of economic occupancy for properties classified as continuing operations by segment follows:

| | Quarters Ended September 30, | | | Periods Ended September 30, | | |
|----------------|------------------------------|-------|--------|-----------------------------|-------|--------|
| | 2010 | 2009 | Change | 2010 | 2009 | Change |
| Office | 90.1% | 92.9% | (2.8%) | 91.3% | 93.2% | (1.9%) |
| Medical Office | 90.3% | 96.0% | (5.7%) | 90.8% | 96.2% | (5.4%) |
| Retail | 91.7% | 94.0% | (2.3%) | 91.7% | 94.7% | (3.0%) |
| Multifamily | 95.6% | 93.9% | 1.7% | 94.5% | 90.6% | 3.9% |
| Industrial | 83.0% | 89.6% | (6.6%) | 83.6% | 90.4% | (6.8%) |
| Total | 90.3% | 93.3% | (3.0%) | 90.9% | 93.0% | (2.1%) |

We calculate economic occupancy as actual real estate rental revenue recognized for the period indicated as a percentage of gross potential real estate rental revenue for that period. We determine gross potential real estate rental revenue by valuing occupied units or square footage at contract rates and vacant units or square footage at market rates for comparable properties. We do not consider percentage rents and expense reimbursements in computing economic occupancy percentages.

Our overall economic occupancy decreased to 90.3% in the 2010 Quarter from 93.3% in the 2009 Quarter and to 90.9% in the 2010 Period from 93.0% in the 2009 Period, due to lower occupancy across the office, medical office, retail and industrial segments, partially offset by higher multifamily occupancy.

A detailed discussion of occupancy by sector can be found in the NOI section.

Real Estate Expenses

Real estate expenses for properties classified as continuing operations are summarized as follows (all data in thousands except percentage amounts):

| | Quarters Ended September 30, | | | | Periods Ended September 30, | | | |
|-----------------------------|------------------------------|-----------|----------|--------|-----------------------------|-----------|----------|--------|
| | 2010 | 2009 | Change | | 2010 | 2009 | Change | |
| | | | \$ | % | | | \$ | % |
| Property operating expenses | \$ 17,462 | \$ 17,504 | \$ (42) | (0.2%) | \$ 53,943 | \$ 53,254 | \$ 689 | 1.3% |
| Real estate taxes | 7,690 | 8,069 | (379) | (4.7%) | 22,767 | 24,293 | (1,526) | (6.3%) |
| | \$ 25,152 | \$ 25,573 | \$ (421) | (1.6%) | \$ 76,710 | \$ 77,547 | \$ (837) | (1.1%) |

Real estate expenses as a percentage of revenue were 33.0% and 33.7% for the 2010 Quarter and Period, respectively, and 34.1% and 34.1% for the 2009 Quarter and Period, respectively.

Property Operating Expenses: Property operating expenses include utilities, repairs and maintenance, property administration and management, operating services, common area maintenance, property insurance, bad debt and other operating expenses.

Property operating expenses were substantially unchanged in the 2010 Quarter as compared to the 2009 Quarter as larger recoveries of bad debt (\$0.4 million) were offset by operating expenses from acquisition properties (\$0.5 million).

Property operating expenses increased \$0.7 million in the 2010 Period as compared to the 2009 Period due primarily to higher snow removal costs (\$1.8 million) across the portfolio caused by severe snow storms during the first quarter of 2010, as well as higher expenses related to acquisition and development properties (\$1.1 million). These were partially offset by lower utilities costs (\$1.1 million) and larger recoveries of bad debt (\$1.3 million) at core properties.

Real Estate Taxes: Real estate taxes decreased \$0.4 million in the 2010 Quarter as compared to the 2009 Quarter due to the lower assessments across the portfolio.

Real estate taxes decreased \$1.5 million in the 2010 Period as compared to the 2009 Period due to the lower assessments across the portfolio.

Other Operating Expenses

Other operating expenses are summarized as follows (all data in thousands except percentage amounts):

| | Quarters Ended September 30, | | | | Periods Ended September 30, | | | |
|-------------------------------|------------------------------|-----------|----------|---------|-----------------------------|------------|------------|---------|
| | 2010 | 2009 | Change | | 2010 | 2009 | Change | |
| | | | \$ | % | | | \$ | % |
| Depreciation and amortization | \$ 24,278 | \$ 23,484 | \$ 794 | 3.4% | \$ 71,459 | \$ 69,620 | \$ 1,839 | 2.6% |
| Interest expense | 17,100 | 18,224 | (1,124) | (6.2%) | 51,178 | 57,221 | (6,043) | (10.6%) |
| General and administrative | 3,153 | 3,518 | (365) | (10.4%) | 10,455 | 9,931 | 524 | 5.3% |
| | \$ 44,531 | \$ 45,226 | \$ (695) | (1.5%) | \$ 133,092 | \$ 136,772 | \$ (3,680) | (2.7%) |

Depreciation and Amortization: Depreciation and amortization expense increased by \$0.8 million in the 2010 Quarter as compared to the 2009 Quarter due to acquisition properties (\$1.3 million).

Depreciation and amortization expense increased by \$1.8 million in the 2010 Period as compared to the 2009 Period due primarily to acquisition properties.

Interest Expense: A summary of interest expense by debt type for the 2010 and 2009 Quarters and Periods appears below (in millions, except percentage amounts):

| | Quarters Ended September 30, | | | | Periods Ended September 30, | | | |
|---|------------------------------|----------------|-----------------|---------------|-----------------------------|----------------|-----------------|----------------|
| | 2010 | 2009 | Change | | 2010 | 2009 | Change | |
| | | | \$ | % | | | \$ | % |
| Notes payable | \$ 10.2 | \$ 11.9 | \$ (1.7) | (14.3%) | \$ 30.7 | \$ 36.9 | \$ (6.2) | (16.8%) |
| Mortgages | 6.1 | 6.3 | (0.2) | (3.2%) | 18.4 | 20.4 | (2.0) | (9.8%) |
| Lines of credit/short-term note payable | 0.9 | 0.3 | 0.6 | 200.0% | 2.9 | 0.9 | 2.0 | 222.2% |
| Capitalized interest | (0.1) | (0.3) | 0.2 | 66.7% | (0.8) | (1.0) | 0.2 | 20.0% |
| Total | \$ 17.1 | \$ 18.2 | \$ (1.1) | (6.0%) | \$ 51.2 | \$ 57.2 | (\$ 6.0) | (10.5%) |

Interest expense decreased \$1.1 million in the 2010 Quarter compared to the 2009 Quarter due primarily to the prepayment of our \$100.0 million term loan (\$1.5 million in lower interest) in December 2009, the repayment of mortgage notes payable (\$0.2 million in lower interest) during 2009 and 2010, and the repurchases of our convertible notes payable (\$0.3 million in lower interest) during 2009 and 2010. These were partially offset by higher interest on our unsecured lines of credit (\$0.6 million), which we used to finance the prepayment of the \$100.0 million term loan.

Interest expense decreased \$6.0 million in the 2010 Period compared to the 2009 Period due primarily to the prepayment of our \$100.0 million term loan (\$4.0 million in lower interest) in December 2009, the prepayment of mortgage notes payable (\$2.0 million in lower interest) during 2009 and 2010, and the repurchases of our convertible notes payable (\$2.2 million in lower interest) during 2009 and 2010. These were partially offset by higher interest on our unsecured lines of credit (\$2.0 million), which we used to finance the prepayment of the \$100.0 million term loan.

General and Administrative Expense: General and administrative expense decreased by \$0.4 million in the 2010 Quarter as compared to the 2009 Quarter due primarily to an increase in the allocation of general and administrative costs to operating properties.

General and administrative expense increased by \$0.5 million in the 2010 Period as compared to the 2009 Period due primarily to higher incentive compensation expense (\$1.6 million), partially offset by an increase in the allocation of general and administrative costs to operating properties (\$0.8 million).

Discontinued Operations

We dispose of assets (sometimes using tax-deferred exchanges) that no longer meet our long-term strategy or return objectives and where market conditions for sale are favorable. The proceeds from the sales may be reinvested into other properties, used to fund development operations or to support other corporate needs, or distributed to our shareholders.

Properties we sold during 2009 and the 2010 Period are as follows:

| Disposition Date | Property | Type | Rentable | Contract |
|-------------------|--------------------------------|-------------------|----------------|-------------------------------|
| | | | Square Feet | Purchase Price (In thousands) |
| May 13, 2009 | Avondale | Multifamily | 170,000 | \$ 19,800 |
| July 23, 2009 | Tech 100 Industrial Park | Industrial | 166,000 | 10,500 |
| July 31, 2009 | Brandywine Center | Office | 35,000 | 3,300 |
| November 13, 2009 | Crossroads Distribution Center | Industrial | 85,000 | 4,400 |
| | | 2009 Total | 456,000 | \$ 38,000 |

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| | | | | | |
|-------------------|---------------------------------|-------------------|---------|----|--------|
| June 18, 2010 | Parklawn Portfolio ¹ | Office/Industrial | 229,000 | \$ | 23,400 |
| 2010 Total | | | 229,000 | \$ | 23,400 |

¹ *The Parklawn Portfolio is comprised of three office properties (Parklawn Plaza, Lexington Building and Saratoga Building) and one industrial property (Charleston Business Center).*

Operating results of the properties classified as discontinued operations are summarized as follows (in thousands, except for percentages):

| | Quarters Ended September 30, | | | | Periods Ended September 30, | | | |
|-------------------------------|------------------------------|----------|------------|---|-----------------------------|----------|------------|---------|
| | 2010 | 2009 | Change | | 2010 | 2009 | Change | |
| | \$ | \$ | \$ | % | \$ | \$ | \$ | % |
| Revenues | \$ | \$ 1,031 | \$ (1,031) | | \$ 1,672 | \$ 4,965 | \$ (3,293) | (66.3%) |
| Property expenses | | (433) | 433 | | (784) | (2,219) | 1,435 | 64.7% |
| Depreciation and amortization | | (205) | 205 | | (96) | (879) | 783 | 89.1% |
| Total | \$ | \$ 393 | \$ (393) | | \$ 792 | \$ 1,867 | \$ (1,075) | (57.6%) |

Income from operations of properties sold or held for sale decreased by \$0.4 million and \$1.1 million for the 2010 Quarter and Period, respectively, due to sale of the Parklawn Portfolio during the 2010 and the sales of Avondale, Tech 100 Industrial Park, Brandywine Center and Crossroads Distribution Center during 2009.

Net Operating Income

NOI is the primary performance measure we use to assess the results of our operations at the property level. We believe that NOI is useful as a performance measure because, when compared across periods, NOI reflects the impact on operations of trends in occupancy rates, rental rates and operating costs on an unleveraged basis, providing perspective not immediately apparent from net income. NOI excludes certain components from net income in order to provide results more closely related to a property's results of operations. For example, interest expense is not necessarily linked to the operating performance of a real estate asset. In addition, depreciation and amortization, because of historical cost accounting and useful life estimates, may distort operating performance at the property level. As a result of the foregoing, we provide NOI as a supplement to net income calculated in accordance with GAAP. NOI does not represent net income calculated in accordance with GAAP. As such, it should not be considered an alternative to net income as an indication of our operating performance. NOI is calculated as real estate rental revenue less real estate expenses excluding depreciation and amortization and general and administrative expenses. A reconciliation of NOI to net income follows.

2010 Quarter Compared to 2009 Quarter

The following tables of selected operating data provide the basis for our discussion of NOI in 2010 compared to 2009. All amounts are in thousands except percentage amounts.

| | 2010 | Quarters Ended September 30, | | % Change |
|---|-----------|------------------------------|------------|----------|
| | | 2009 | \$ Change | |
| Real Estate Rental Revenue | | | | |
| Core | \$ 74,125 | \$ 74,987 | \$ (862) | (1.1%) |
| Non-core ⁽¹⁾ | 2,149 | | 2,149 | |
| Total real estate rental revenue | \$ 76,274 | \$ 74,987 | \$ 1,287 | 1.7% |
| Real Estate Expenses | | | | |
| Core | \$ 24,436 | \$ 25,493 | \$ (1,057) | (4.1%) |
| Non-core ⁽¹⁾ | 716 | 80 | 636 | 795.0% |
| Total real estate expenses | \$ 25,152 | \$ 25,573 | \$ (421) | (1.6%) |
| NOI | | | | |
| Core | \$ 49,689 | \$ 49,494 | \$ 195 | 0.4% |
| Non-core ⁽¹⁾ | 1,433 | (80) | 1,513 | 1,891.3% |
| Total NOI | \$ 51,122 | \$ 49,414 | \$ 1,708 | 3.5% |
| Reconciliation to Net Income | | | | |
| NOI | \$ 51,122 | \$ 49,414 | | |
| Other income (expense) | 301 | (54) | | |
| Interest expense | (17,100) | (18,224) | | |
| Depreciation and amortization | (24,278) | (23,484) | | |
| General and administrative expenses | (3,153) | (3,518) | | |
| Gain from non-disposal activities | 4 | 62 | | |
| Gain on sale of real estate | | 5,147 | | |
| Gain (loss) on extinguishment of debt | (238) | (133) | | |
| Discontinued operations ⁽²⁾ | | 393 | | |
| Net income | 6,658 | 9,603 | | |
| Less: Net income attributable to noncontrolling interests | (33) | (53) | | |
| Net income attributable to the controlling interests | \$ 6,625 | \$ 9,550 | | |

| Economic Occupancy | Quarters Ended September 30, | |
|-------------------------|------------------------------|-------|
| | 2010 | 2009 |
| Core | 90.7% | 93.3% |
| Non-core ⁽¹⁾ | 80.5% | 0.0% |
| Total | 90.3% | 93.3% |

⁽¹⁾ Non-core properties include:

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2010 acquisitions Quantico Corporate Center (925 and 1000 Corporate Drive)

2009 acquisition Lansdowne Medical Office Building

⁽²⁾ Discontinued operations include gain on disposals and income from operations for:

2010 dispositions Parklawn Plaza, Saratoga Building, Lexington Building and Charleston Business Center

2009 dispositions Tech 100 Industrial Park, Brandywine Center and Crossroads Distribution Center

Real estate rental revenue increased by \$1.3 million in the 2010 Quarter as compared to the 2009 Quarter due primarily to the acquisition of Quantico Corporate Center (\$2.1 million), partially offset by a \$0.9 million decrease in real estate rental revenues from core properties. The \$0.9 million decrease at core properties was due to lower occupancy (\$2.0 million) and lower expense reimbursements (\$0.9 million), partially offset by higher rental rates (\$1.8 million) and lower bad debt (\$0.2 million).

Real estate expenses decreased by \$0.4 million in the 2010 Quarter as compared to the 2009 Quarter due to lower real estate taxes on core properties (\$0.5 million) caused by lower assessments and higher recoveries of bad debt (\$0.4 million). These were offset by a \$0.6 million increase in our non-core portfolio attributable to our acquisitions.

Core economic occupancy decreased to 90.7% in the 2010 Quarter from 93.3% in the 2009 Quarter, as decreases in the office, medical office, retail and industrial segments were partially offset by higher occupancy in the multifamily segment. Non-core economic occupancy increased to 80.5% in the 2010 Quarter from 0.0% in the 2009 Quarter, reflecting the acquisition of the fully-occupied Quantico Corporate Center during 2010. Lansdowne Medical Office Building, which was vacant upon acquisition during the 2009 Quarter, was 15.5% leased as of the end of the 2010 Quarter. During the 2010 Quarter, 53.2% of the commercial square footage expiring was renewed as compared to 69.8% in the 2009 Quarter, excluding properties sold or classified as held for sale. During the 2010 Quarter, we executed new leases (excluding first generation leases at recently-built properties) for 330,200 commercial square feet at an average rental rate of \$24.08 per square foot, an increase of 6.8%, with average tenant improvements and leasing costs of \$11.42 per square foot.

An analysis of NOI by segment follows.

Office Segment:

| | 2010 | Quarters Ended September 30, | | |
|-----------------------------------|-----------|------------------------------|-----------|----------|
| | | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Core | \$ 32,308 | \$ 32,912 | \$ (604) | (1.8%) |
| Non-core ⁽¹⁾ | 2,135 | | 2,135 | |
| Total real estate rental revenue | \$ 34,443 | \$ 32,912 | \$ 1,531 | 4.7% |
| Real Estate Expenses | | | | |
| Core | \$ 11,899 | \$ 11,861 | \$ 38 | 0.3% |
| Non-core ⁽¹⁾ | 580 | | 580 | |
| Total real estate expenses | \$ 12,479 | \$ 11,861 | \$ 618 | 5.2% |
| NOI | | | | |
| Core | \$ 20,409 | \$ 21,051 | \$ (642) | (3.0%) |
| Non-core ⁽¹⁾ | 1,555 | | 1,555 | |
| Total NOI | \$ 21,964 | \$ 21,051 | \$ 913 | 4.3% |

| Economic Occupancy | 2010 | 2009 |
|---------------------------|--------------|--------------|
| Core | 89.4% | 92.9% |
| Non-core ⁽¹⁾ | 100.0% | |
| Total | 90.1% | 92.9% |

⁽¹⁾ Non-core properties include:

2010 acquisitions Quantico Corporate Center (925 and 1000 Corporate Drive)

Real estate rental revenue in the office segment increased by \$1.5 million in the 2010 Quarter as compared to the 2009 Quarter due to the acquisition of Quantico Corporate Center (\$2.1 million), partially offset by a decrease in real estate rental revenue from core properties (\$0.6 million). The \$0.6 million decrease at core properties was due to lower occupancy (\$1.2 million) and lower common area maintenance reimbursements (\$0.4 million), partially offset by higher rental rates (\$0.8 million) and lower bad debt (\$0.2 million).

Real estate expenses in the office segment increased by \$0.6 million in the 2010 Quarter as compared to the 2009 Quarter due primarily to the acquisition of Quantico Corporate Center.

Core economic occupancy decreased to 89.4% in the 2010 Quarter from 92.9% in the 2009 Quarter, driven by lower occupancy at Monument II, 2000 M Street, and 7900 Westpark Drive. These were partially offset by higher economic occupancy at One Central Plaza. The non-core economic occupancy of 100% reflects the acquisition of the fully-leased Quantico Corporate Center during 2010. During the 2010 Quarter, 26.4% of the square footage that expired was renewed compared to 51.4% in the 2009 Quarter, excluding properties sold or classified as held for sale. The retention rate for the 2010 Quarter was impacted by the non-renewal of a large tenant at Monument II. During the 2010 Quarter, we executed new leases (excluding first generation leases) for 103,400 square feet of office space at an average rental rate of \$28.29 per square foot, an increase of 2.3%, with average tenant improvements and leasing costs of \$20.10 per square foot.

Medical Office Segment:

| | 2010 | 2009 | Quarters Ended September 30, | |
|-----------------------------------|-----------|-----------|------------------------------|----------|
| | | | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Core | \$ 10,979 | \$ 11,099 | \$ (120) | (1.1%) |
| Non-core ⁽¹⁾ | 14 | | 14 | |
| Total real estate rental revenue | \$ 10,993 | \$ 11,099 | \$ (106) | (1.0%) |
| Real Estate Expenses | | | | |
| Core | \$ 3,499 | \$ 3,752 | \$ (253) | (6.7%) |
| Non-core ⁽¹⁾ | 136 | 80 | 56 | 70.0% |
| Total real estate expenses | \$ 3,635 | \$ 3,832 | \$ (197) | (5.1%) |
| NOI | | | | |
| Core | \$ 7,480 | \$ 7,347 | \$ 133 | 1.8% |
| Non-core ⁽¹⁾ | (122) | (80) | (42) | (52.5%) |
| Total NOI | \$ 7,358 | \$ 7,267 | \$ 91 | 1.3% |

| Economic Occupancy | 2010 | 2009 |
|-------------------------|-------|-------|
| Core | 94.8% | 96.0% |
| Non-core ⁽¹⁾ | 2.0% | 0.0% |
| Total | 90.3% | 96.0% |

⁽¹⁾ Non-core properties include:
2009 acquisition Lansdowne Medical Office Building

Real estate rental revenue in the medical office segment decreased by \$0.1 million in 2010 Quarter as compared to the 2009 Quarter due to lower occupancy (\$0.2 million), higher bad debt (\$0.1 million) and lower real estate tax reimbursements (\$0.1 million), partially offset by higher rental rates (\$0.4 million).

Real estate expenses in the medical office segment decreased by \$0.2 million in the 2010 Quarter as compared to the 2009 Quarter due to lower real estate taxes (\$0.1 million), lower electricity rates (\$0.1 million) and recoveries of bad debt (\$0.1 million) in the core portfolio. These were partially offset by expenses from Lansdowne Medical Office Building (\$0.1 million).

Core economic occupancy decreased to 94.8% in the 2010 Quarter from 96.0% in the 2009 Quarter, driven by lower occupancy at Shady Grove Medical II and Ashburn Farm Office Park. The non-core economic occupancy of 2.0% for the 2010 Quarter reflects Lansdowne Medical Office Building, which was 15.5% leased at the end of the 2010 Quarter. During the 2010 Quarter, 90.2% of the square footage that expired was renewed compared to 62.2% in the 2009 Quarter. During the 2010 Quarter, we executed new leases (excluding first generation leases) for 70,400 square feet of medical office space at an average rental rate of \$34.94, an increase of 15.0%, with average tenant improvements and leasing costs of \$17.36 per square foot.

Retail Segment:

| | 2010 | Quarters Ended September 30, | | |
|-----------------------------------|----------|------------------------------|-----------|----------|
| | | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Total | \$ 9,865 | \$ 10,182 | \$ (317) | (3.1%) |
| Real Estate Expenses | | | | |
| Total | \$ 2,028 | \$ 2,517 | \$ (489) | (19.4%) |
| NOI | | | | |
| Total | \$ 7,837 | \$ 7,665 | \$ 172 | 2.2% |

| Economic Occupancy | 2010 | 2009 |
|---------------------------|-------|-------|
| Total | 91.7% | 94.0% |

Real estate rental revenue in the retail segment decreased by \$0.3 million in the 2010 Quarter as compared to the 2009 Quarter due to lower occupancy (\$0.2 million), higher bad debt (\$0.1 million) and lower real estate tax reimbursements (\$0.1 million). These were offset by higher rental rates (\$0.1 million).

Real estate expenses in the retail segment decreased by \$0.5 million in the 2010 Quarter as compared to the 2009 Quarter due to lower legal fees (\$0.2 million), the recovery of bad debt (\$0.2 million) and lower real estate taxes (\$0.1 million).

Economic occupancy decreased to 91.7% in the 2010 Quarter from 94.0% in the 2009 Quarter, driven by lower occupancy at Frederick Crossing, Montgomery Village Center and Frederick County Square. During the 2010 Quarter, 33.8% of the square footage that expired was renewed compared to 30.3% in the 2009 Quarter. During the 2010 Quarter, we executed new leases for 52,500 square feet of retail space at an average rental rate of \$30.57, an increase of 17.5%, with average tenant improvements and leasing costs of \$2.73 per square foot.

Multifamily Segment:

| | Quarters Ended September 30, | | | |
|-----------------------------------|------------------------------|-----------|-----------|----------|
| | 2010 | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Total | \$ 12,434 | \$ 11,833 | \$ 601 | 5.1% |
| Real Estate Expenses | | | | |
| Total | \$ 4,798 | \$ 4,964 | \$ (166) | (3.3%) |
| NOI | | | | |
| Total | \$ 7,636 | \$ 6,869 | \$ 767 | 11.2% |

| Economic Occupancy | 2010 | 2009 |
|--------------------|-------|-------|
| | Total | 95.6% |

Real estate rental revenue in the multifamily segment increased by \$0.6 million in the 2010 Quarter as compared to the 2009 Quarter due primarily to higher occupancy (\$0.2 million), higher rental rates (\$0.1 million) and lower abatements (\$0.1 million).

Real estate expenses in the multifamily segment decreased by \$0.2 million in the 2010 Quarter as compared to the 2009 Quarter due primarily to lower real estate taxes (\$0.1 million).

Economic occupancy increased to 95.6% in the 2010 Quarter from 93.9% in the 2009 Quarter, driven by higher occupancy at the Kenmore and Bethesda Hill Apartments.

Industrial Segment:

| | Quarters Ended September 30, | | | |
|-----------------------------------|------------------------------|----------|-----------|----------|
| | 2010 | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Total | \$ 8,539 | \$ 8,961 | \$ (422) | (4.7%) |
| Real Estate Expenses | | | | |
| Total | \$ 2,212 | \$ 2,399 | \$ (187) | (7.8%) |
| NOI | | | | |
| Total | \$ 6,327 | \$ 6,562 | \$ (235) | (3.6%) |

| Economic Occupancy | 2010 | 2009 |
|--------------------|-------|-------|
| Total | 83.0% | 89.6% |

Real estate rental revenue in the industrial segment decreased by \$0.4 million in the 2010 Quarter as compared to the 2009 Quarter due primarily to lower occupancy (\$0.6 million), lower common area maintenance reimbursements (\$0.2 million) and lower real estate tax reimbursements (\$0.1 million) and lower lease termination fees (\$0.1 million), partially offset by higher rental rates (\$0.4 million) and lower bad debt (\$0.2 million).

Real estate expenses in the industrial segment decreased by \$0.2 million in the 2010 Quarter as compared to the 2009 Quarter due primarily to lower real estate taxes (\$0.1 million) caused by lower property assessments.

Economic occupancy decreased to 83.0% in the 2010 Quarter from 89.6% in the 2009 Quarter, driven by lower occupancy at Fullerton Business Center, NVIP I&II and Albemarle. During the 2010 Quarter, 87.4% of the square footage that expired was renewed compared to 92.4% in the 2009 Quarter, excluding properties sold or classified as held for sale. During the 2010 Quarter, we executed new leases for 103,800 square feet of industrial space at an average rental rate of \$9.23, a decrease of 10.9%, with average tenant improvements and leasing costs of \$3.13 per square foot.

2010 Period Compared to 2009 Period

The following tables of selected operating data provide the basis for our discussion of NOI in 2010 compared to 2009. All amounts are in thousands except percentage amounts.

| | Periods Ended September 30, | | | |
|---|-----------------------------|------------|------------|----------|
| | 2010 | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Core | \$ 215,727 | \$ 219,193 | \$ (3,466) | (1.6%) |
| Non-core ⁽¹⁾ | 12,138 | 7,970 | 4,168 | 52.3% |
| Total real estate rental revenue | \$ 227,865 | \$ 227,163 | \$ 702 | 0.3% |
| Real Estate Expenses | | | | |
| Core | \$ 71,607 | \$ 73,657 | \$ (2,050) | (2.8%) |
| Non-core ⁽¹⁾ | 5,103 | 3,890 | 1,213 | 31.2% |
| Total real estate expenses | \$ 76,710 | \$ 77,547 | \$ (837) | (1.1%) |
| NOI | | | | |
| Core | \$ 144,120 | \$ 145,536 | \$ (1,416) | (1.0%) |
| Non-core ⁽¹⁾ | 7,035 | 4,080 | 2,955 | 72.4% |
| Total NOI | \$ 151,155 | \$ 149,616 | \$ 1,539 | 1.0% |
| Reconciliation to Net Income | | | | |
| NOI | \$ 151,155 | \$ 149,616 | | |
| Other income (expense) | 423 | 120 | | |
| Interest expense | (51,178) | (57,221) | | |
| Depreciation and amortization | (71,459) | (69,620) | | |
| General and administrative expenses | (10,455) | (9,931) | | |
| Gain from non-disposal activities | 4 | 62 | | |
| Gain (loss) on extinguishment of debt | (280) | 6,931 | | |
| Gain on sale of real estate | 7,942 | 11,821 | | |
| Discontinued operations ⁽²⁾ | 792 | 1,867 | | |
| Net income | 26,944 | 33,645 | | |
| Less: Net income attributable to noncontrolling interests | (109) | (154) | | |
| Net income attributable to the controlling interests | \$ 26,835 | \$ 33,491 | | |

| Economic Occupancy | Periods Ended September 30, | |
|-------------------------|-----------------------------|-------|
| | 2010 | 2009 |
| Core | 91.3% | 93.5% |
| Non-core ⁽¹⁾ | 84.2% | 83.4% |
| Total | 90.9% | 93.0% |

⁽¹⁾ Non-core properties include:

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Multifamily development properties Clayborne Apartments and Bennett Park

Office development property Dulles Station, Phase I

2010 acquisitions Quantico Corporate Center (925 and 1000 Corporate Drive)

2009 acquisition Lansdowne Medical Office Building

⁽²⁾ Discontinued operations include gain on disposals and income from operations for:

2010 dispositions Parklawn Plaza, Saratoga Building, Lexington Building and Charleston Business Center

2009 dispositions Avondale, Tech 100 Industrial Park, Brandywine Center and Crossroads Distribution Center

Real estate rental revenue decreased by \$0.7 million in the 2010 Period as compared to the 2009 Period due to a \$4.2 million increase from non-core properties caused by the acquisition of Quantico Corporate Center (\$2.8 million) and the lease-up of our development properties (\$1.3 million), partially offset by a \$3.5 million decrease from core properties. The \$3.5 million decrease at core properties was due to lower occupancy (\$4.7 million), lower real estate tax reimbursements (\$1.8 million), lower utilities reimbursements (\$0.7 million) and higher rental abatements (\$0.3 million), partially offset by higher rental rates (\$3.6 million) and higher antenna rent (\$0.4 million).

Real estate expenses decreased by \$0.8 million in the 2010 Period as compared to the 2009 Period due to lower core portfolio utilities costs (\$1.1 million) caused by lower electricity rates, lower core portfolio real estate taxes (\$1.6 million) caused by lower assessments and recoveries of bad debt (\$1.3 million). These were offset by higher snow removal costs (\$1.8 million) caused by severe snow storms during the first quarter of 2010, as well as higher real estate expenses from acquisitions (\$1.0 million) and development properties (\$0.2 million).

Core economic occupancy decreased to 91.3% in the 2010 Period from 93.5% in the 2009 Period, as decreases in the office, medical office, retail and industrial segments were partially offset by higher occupancy in the multifamily segment. Non-core economic occupancy increased to 84.2% in the 2010 Period from 83.4% in 2009 Period due to the completion of lease-up for our development properties in the office and multifamily segments and the acquisition of the fully-leased Quantico Corporate Center. These were partially offset by the acquisition of the vacant Lansdowne Medical Office Building during 2009, which was 15.5% leased as of the end of the 2010 Period. During the 2010 Period, 56.1% of the commercial square footage expiring was renewed as compared to 72.3% in the 2009 Period, excluding properties sold or classified as held for sale. During the 2010 Period, we executed new leases (excluding first generation leases at recently-built properties) for 1,245,200 commercial square feet at an average rental rate of \$23.90 per square foot, an increase of 13.4%, with average tenant improvements and leasing costs of \$18.54 per square foot.

An analysis of NOI by segment follows.

Office Segment:

| | Periods Ended September 30, | | | |
|-----------------------------------|-----------------------------|-----------|------------|----------|
| | 2010 | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Core | \$ 94,638 | \$ 96,838 | \$ (2,200) | (2.3%) |
| Non-core ⁽¹⁾ | 6,106 | 2,938 | 3,168 | 107.8% |
| Total real estate rental revenue | \$ 100,744 | \$ 99,776 | \$ 968 | 1.0% |
| Real Estate Expenses | | | | |
| Core | \$ 33,079 | \$ 34,932 | \$ (1,853) | (5.3%) |
| Non-core ⁽¹⁾ | 2,192 | 1,092 | 1,100 | 100.7% |
| Total real estate expenses | \$ 35,271 | \$ 36,024 | \$ (753) | (2.1%) |
| NOI | | | | |
| Core | \$ 61,559 | \$ 61,906 | \$ (347) | (0.6%) |
| Non-core ⁽¹⁾ | 3,914 | 1,846 | 2,068 | 112.0% |
| Total NOI | \$ 65,473 | \$ 63,752 | \$ 1,721 | 2.7% |

| Economic Occupancy | 2010 | 2009 |
|---------------------------|--------------|--------------|
| Core | 91.0% | 93.5% |
| Non-core ⁽¹⁾ | 95.2% | 87.3% |
| Total | 91.3% | 93.2% |

⁽¹⁾ Non-core properties include:
Development property Dulles Station, Phase I

2010 acquisitions Quantico Corporate Center

Real estate rental revenue in the office segment increased by \$1.0 million in the 2010 Period as compared to the 2009 Period due to the acquisition of Quantico Corporate Center (\$2.8 million) and the lease-up of Dulles Station, Phase I (\$0.4 million), partially offset by a \$2.2 million decrease in real estate rental revenue from core properties. The \$2.2 million at core properties was due to lower occupancy (\$2.4 million), lower real estate tax reimbursements (\$0.8 million), lower common area maintenance reimbursements (\$0.8 million) and higher rent abatements (\$0.3 million), partially offset by higher rental rates (\$2.2 million).

Real estate expenses in the office segment decreased by \$0.8 million in the 2010 Period as compared to the 2009 Period due primarily to lower utilities (\$0.7 million) caused by lower electricity rates, higher recoveries of bad debt (\$0.9 million) and lower real estate taxes (\$0.6 million) caused by lower assessments. Non-core real estate expenses increased by \$1.1 million due to the acquisition of Quantico Corporate Center (\$0.7 million) and the lease-up of Dulles Station, Phase II (\$0.4 million).

Core economic occupancy decreased to 91.0% in the 2010 Period from 93.5% in the 2009 Period, driven by lower occupancy at Monument II, 2000 M Street and 7900 Westpark. These were partially offset by higher economic occupancy at One Central Plaza. Non-core economic occupancy increased to 95.2% from 87.3%, reflecting the completion of the lease-up of Dulles Station, Phase I and the acquisition of the fully-leased Quantico Corporate Center. During the 2010 Period, 45.2% of the square footage that expired was renewed compared to 64.6% in the 2009 Period, excluding properties sold or classified as held for sale. During the 2010 Period, we executed new leases (excluding first

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generation leases) for 451,600 square feet of office space at an average rental rate of \$30.53 per square foot, an increase of 9.1%, with average tenant improvements and leasing costs of \$34.20 per square foot.

Medical Office Segment:

| | Periods Ended September 30, | | | |
|-----------------------------------|-----------------------------|-----------|-----------|----------|
| | 2010 | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Core | \$ 33,670 | \$ 33,617 | \$ 53 | 0.2% |
| Non-core ⁽¹⁾ | 25 | | 25 | |
| Total real estate rental revenue | \$ 33,695 | \$ 33,617 | \$ 78 | 0.2% |
| Real Estate Expenses | | | | |
| Core | \$ 10,803 | \$ 11,251 | \$ (448) | (4.0%) |
| Non-core ⁽¹⁾ | 387 | 80 | 307 | 383.8% |
| Total real estate expenses | \$ 11,190 | \$ 11,331 | \$ (141) | 1.2% |
| NOI | | | | |
| Core | \$ 22,867 | \$ 22,366 | \$ 501 | 2.2% |
| Non-core ⁽¹⁾ | (362) | (80) | (282) | (352.5%) |
| Total NOI | \$ 22,505 | \$ 22,286 | \$ 219 | 1.0% |

| | 2010 | 2009 |
|---------------------------|--------------|--------------|
| Economic Occupancy | | |
| Core | 95.4% | 96.2% |
| Non-core ⁽¹⁾ | 1.2% | 0.0% |
| Total | 90.8% | 96.2% |

⁽¹⁾ Non-core properties include:
2009 acquisition Lansdowne Medical Office Building

Real estate rental revenue in the medical office segment increased by \$0.1 million in 2010 Period as compared to the 2009 Period due primarily to higher rental rates (\$0.9 million), offset by lower real estate tax reimbursements (\$0.5 million) and lower occupancy (\$0.3 million).

Real estate expenses in the medical office segment decreased by \$0.1 million in the 2010 Period as compared to the 2009 Period due to lower core utilities expense (\$0.3 million) caused by lower electricity rates and lower real estate taxes (\$0.4 million) caused by lower assessments, offset by the expenses contributed by the 2009 acquisition, Lansdowne Medical Office Building (\$0.3 million), as well as higher snow removal costs (\$0.2 million) caused by severe snow storms during the first quarter of 2010.

Core economic occupancy decreased to 95.4% in the 2010 Period from 96.2% in the 2009 Period, driven by higher vacancy at Ashburn Farm Office Park and Alexandria Professional Center. The non-core economic occupancy of 1.2% for the 2010 Period reflects Lansdowne Medical Office Building, which was 15.5% leased as of the end of the 2010 Period. During the 2010 Period, 76.1% of the square footage that expired was renewed compared to 64.6% in the 2009 Period. During the 2010 Period, we executed new leases (excluding first generation leases) for 186,400 square feet of medical office space at an average rental rate of \$37.79, an increase of 19.8%, with average tenant improvements and leasing costs of \$25.68 per square foot.

Retail Segment:

| | Periods Ended September 30, | | | |
|-----------------------------------|-----------------------------|-----------|-----------|----------|
| | 2010 | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Total | \$ 30,566 | \$ 30,995 | \$ (429) | (1.4%) |
| Real Estate Expenses | | | | |
| Total | \$ 7,877 | \$ 7,955 | \$ (78) | (1.0%) |
| NOI | | | | |
| Total | \$ 22,689 | \$ 23,040 | \$ (351) | (1.5%) |

| Economic Occupancy | 2010 | 2009 |
|--------------------|-------|-------|
| | Total | 91.7% |

Real estate rental revenue in the retail segment decreased by \$0.4 million in the 2010 Period as compared to the 2009 Period due to lower occupancy (\$0.9 million) and higher bad debt (\$0.1 million), offset by higher rental rates (\$0.3 million) and higher common area maintenance reimbursements (\$0.4 million). Higher recoverable snow removal costs related to severe snow storms during the first quarter of 2010 caused the increase in common area maintenance reimbursements.

Real estate expenses in the retail segment decreased by \$0.1 million in the 2010 Period as compared to the 2009 Period due to lower legal fees (\$0.5 million) and lower real estate taxes (\$0.1 million), offset by higher snow removal costs (\$0.6 million).

Economic occupancy decreased to 91.7% in the 2010 Period from 94.7% in the 2009 Period, driven by lower occupancy at Frederick Crossing, Montgomery Village Center and Frederick County Square. During the 2010 Period, 70.1% of the square footage that expired was renewed compared to 54.5% in the 2009 Period. During the 2010 Period, we executed leases for 172,200 square feet of retail space at an average rental rate of \$21.16, an increase of 8.8%, with average tenant improvements and leasing costs of \$5.42 per square foot.

Multifamily Segment:

| | Periods Ended September 30, | | | |
|-----------------------------------|-----------------------------|-----------|-----------|----------|
| | 2010 | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Core | \$ 30,185 | \$ 29,574 | \$ 611 | 2.1% |
| Non-core ⁽¹⁾ | 6,007 | 5,032 | 975 | 19.4% |
| Total real estate rental revenue | \$ 36,192 | \$ 34,606 | \$ 1,586 | 4.6% |
| Real Estate Expenses | | | | |
| Core | \$ 11,901 | \$ 11,831 | \$ 70 | 0.6% |
| Non-core ⁽¹⁾ | 2,524 | 2,718 | (194) | (7.1%) |
| Total real estate expenses | \$ 14,425 | \$ 14,549 | \$ (124) | (0.9%) |
| NOI | | | | |
| Core | \$ 18,284 | \$ 17,743 | \$ 541 | 3.0% |
| Non-core ⁽¹⁾ | 3,483 | 2,314 | 1,169 | 50.5% |
| Total NOI | \$ 21,767 | \$ 20,057 | \$ 1,710 | 8.5% |

| | 2010 | 2009 |
|---------------------------|-------|-------|
| Economic Occupancy | | |
| Core | 94.8% | 92.7% |
| Non-core ⁽¹⁾ | 92.7% | 80.5% |
| Total | 94.5% | 90.6% |

⁽¹⁾ Non-core properties include:
Development properties Clayborne Apartments and Bennett Park

Real estate rental revenue in the multifamily segment increased by \$1.6 million in the 2010 Period as compared to the 2009 Period due primarily to the lease-up of the development properties, which contributed \$1.0 million of the increase. Real estate rental revenue from core properties increased by \$0.6 million due primarily to higher occupancy (\$0.6 million) and lower rent abatements (\$0.2 million), offset by lower rental rates (\$0.2 million).

Real estate expenses in the multifamily segment decreased by \$0.1 million in the 2010 Period as compared to the 2009 Period due to lower real estate taxes (\$0.2 million) offset by higher snow removal costs (\$0.2 million) caused by severe snow storms during the 2010 Period.

Core economic occupancy increased to 94.8% in the 2010 Period from 92.7% in the 2009 Period, driven by higher occupancy at the Ashby at McLean, Country Club Towers and the Kenmore. Non-core economic occupancy increased to 92.7% from 80.5%, reflecting the completion of lease-up at Bennett Park and Clayborne Apartments.

Industrial Segment:

| | Periods Ended September 30, | | | |
|-----------------------------------|-----------------------------|-----------|------------|----------|
| | 2010 | 2009 | \$ Change | % Change |
| Real Estate Rental Revenue | | | | |
| Total | \$ 26,668 | \$ 28,169 | \$ (1,501) | (5.3%) |
| Real Estate Expenses | | | | |
| Total | \$ 7,947 | \$ 7,688 | \$ 259 | 3.4% |
| NOI | | | | |
| Total | \$ 18,721 | \$ 20,481 | \$ (1,760) | (8.6%) |

| Economic Occupancy | 2010 | 2009 |
|--------------------|-------|-------|
| Total | 83.6% | 90.4% |

Real estate rental revenue in the industrial segment decreased by \$1.5 million in the 2010 Period as compared to the 2009 Period due primarily to lower occupancy (\$1.8 million) and lower real estate tax reimbursements (\$0.5 million). These were offset by lower bad debt (\$0.5 million) and higher rental rates (\$0.4 million).

Real estate expenses in the industrial segment increased by \$0.3 million in the 2010 Period as compared to the 2009 Period due primarily to higher snow removal costs (\$0.7 million) caused by severe snow storms during the first quarter of 2010, offset by lower real estate taxes (\$0.4 million) due to lower property assessments.

Economic occupancy decreased to 83.6% in the 2010 Period from 90.4% in the 2009 Period, driven by higher vacancy at Fullerton Business Center, Northern Virginia Industrial Park and Albemarle. During the 2010 Period, 53.4% of the square footage that expired was renewed compared to 84.4% in the 2009 Period, excluding properties sold or classified as held for sale. During the 2010 Period, we executed new leases for 435,000 square feet of industrial space at an average rental rate of \$12.14, an increase of 20.9%, with average tenant improvements and leasing costs of \$4.42 per square foot.

Liquidity and Capital Resources

Capital Structure

We manage our capital structure to reflect a long-term investment approach, generally seeking to match the cash flow of our assets with a mix of equity and various debt instruments. We expect that our capital structure will allow us to obtain additional capital from diverse sources that could include additional equity offerings of common shares, public and private secured and unsecured debt financings, and possible asset dispositions. Our ability to raise funds through the sale of debt and equity securities is dependent on, among other things, general economic conditions, general market conditions for REITs, our operating performance, our debt rating and the current trading price of our common shares. We analyze which source of capital we believe to be most advantageous to us at any particular point in time. However, the capital markets may not consistently be available on terms that we consider attractive. In particular, as a result of the recent economic downturn and turmoil in the capital markets, investor interest in securities issued by REITs, both debt and equity, remains unpredictable. During certain periods in the recent past, debt capital was essentially unavailable for extended periods of time. While debt markets have materially improved, we cannot predict if the improvement is sustainable.

We currently expect that our potential sources of liquidity for acquisitions, development, expansion and renovation of properties, and operating and administrative expenses, may include:

Cash flow from operations;

Borrowings under our unsecured credit facilities or other short-term facilities;

Issuances of our equity securities and/or common units in our operating partnership;

Proceeds from long-term secured or unsecured debt financings;

Investment from joint venture partners; and

Net proceeds from the sale of assets.

During 2010, we expect that we will have modest capital requirements, including the following items. There can be no assurance that our capital requirements will not be materially higher or lower than these expectations.

Funding dividends on our common shares and noncontrolling interest distributions to third party unit holders;

Approximately \$35.0 - \$45.0 million to invest in our existing portfolio of operating assets, including approximately \$20.0 - \$25.0 million to fund tenant-related capital requirements and leasing commissions;

Approximately \$5.0 million to fund first generation tenant-related capital requirements and leasing commissions;

Approximately \$3.0 million to invest in our development projects; and

Approximately \$70.0 - \$200.0 million to fund our expected property acquisitions.

We currently believe that we will generate sufficient cash flow from operations and have access to the capital resources necessary to fund our requirements. However, as a result of general market conditions in the greater Washington metro region, economic downturns affecting the ability to attract and retain tenants, unfavorable fluctuations in interest rates or our share price, unfavorable changes in the supply of competing properties, or our properties not performing as expected, we may not generate sufficient cash flow from operations or otherwise have access to capital on favorable terms, or at all. As a result, if we are unable to obtain capital from other sources, we may need to alter our capital spending plans which may limit our future growth. If we are unable to obtain capital, we may not be able to pay the dividend required to maintain our status as a REIT, make required principal and interest payments, make strategic acquisitions or make necessary routine capital improvements or undertake re-development opportunities with respect to our existing portfolio of operating assets.

Debt Financing

We generally use secured or unsecured, corporate-level debt, including mortgages, unsecured notes and our unsecured credit facilities, to meet our borrowing needs. Long-term, we generally use fixed rate debt instruments in order to match the returns from our real estate assets. We also utilize variable rate debt for short-term financing purposes. At times, our mix of variable and fixed rate debt may not suit our needs. At those times, we may use derivative financial instruments including interest rate swaps and caps, forward interest rate options or interest rate options in order to assist us in managing our debt mix. We may either hedge our variable rate debt to give it an effective fixed interest rate or hedge fixed rate debt to give it an effective variable interest rate.

Our total debt at September 30, 2010 and December 31, 2009 is summarized as follows (in thousands):

| | September 30, 2010 | December 31, 2009 |
|-----------------------------|-----------------------|----------------------|
| Fixed rate mortgages | \$ 381,109 | \$ 405,451 |
| Unsecured credit facilities | 100,000 | 128,000 |
| Unsecured notes payable | 930,201 | 688,912 |
| | \$ 1,411,310 | \$ 1,222,363 |

If principal amounts due at maturity cannot be refinanced, extended or paid with proceeds of other capital transactions, such as new equity capital, our cash flow may be insufficient to repay all maturing debt. Prevailing interest rates or other factors at the time of a refinancing, such as possible reluctance of lenders to make commercial real estate loans, may result in higher interest rates and increased interest expense or inhibit our ability to finance our obligations.

Mortgage Debt

At September 30, 2010, our \$381.1 million in fixed rate mortgages, which includes a net \$6.9 million in unamortized discounts due to fair value adjustments, bore an effective weighted average fair value interest rate of 5.9% and had a weighted average maturity of 5.1 years. We may either initiate secured mortgage debt or assume mortgage debt from time-to-time in conjunction with property acquisitions.

On July 12, 2010 we repaid without penalty a \$21.7 million mortgage note payable secured by The Crescent and The Ridges.

Unsecured Credit Facilities

Our primary source of liquidity is our two revolving credit facilities. We can borrow up to \$337.0 million under these lines, which bear interest at an adjustable spread over LIBOR based on our public debt rating.

Credit Facility No. 1 is a four-year, \$75.0 million unsecured credit facility expiring in June 2011, and may be extended for one year at our option. We had no borrowings outstanding and \$0.8 million in letters of credit issued as of September 30, 2010, related to Credit Facility No. 1. Borrowings under the facility bear interest at our option of LIBOR plus a spread based on the credit rating on our publicly issued debt or the higher of SunTrust Bank's prime rate and the Federal Funds Rate in effect plus 0.5%. The interest rate spread is currently 42.5 basis points. All outstanding advances are due and payable upon maturity in June 2011, and may be extended for one year at our option. Interest only payments are due and payable generally on a monthly basis. In addition, we pay a facility fee based on the credit rating of our publicly issued debt which currently equals 0.15% per annum of the \$75.0 million committed capacity, without regard to usage. Rates and fees may be adjusted up or down based on changes in our senior unsecured credit ratings.

Credit Facility No. 2 is a four-year \$262.0 million unsecured credit facility expiring in November 2011, after exercising a one year extension during the 2010 Quarter. We had \$100.0 million outstanding and \$0.9 million in letters of credit issued as of September 30, 2010, related to Credit Facility No. 2. Advances under this agreement bear interest at our option of LIBOR plus a spread based on the credit rating of our publicly issued debt or the higher of Wells Fargo Bank's prime rate and the Federal Funds Rate in effect on that day plus 0.5%. The interest rate spread is currently 42.5 basis points. The \$100.0 million outstanding balance was used to prepay the \$100 million term loan on December 1, 2009. An interest rate swap fixes the interest rate at 2.525% (2.10% plus 42.5 basis points) through the interest rate swap's maturity date of November 1, 2011. Due to our extension during the 2010 Quarter, all outstanding advances are due and payable upon maturity in November

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2011. Interest only payments are due and payable generally on a monthly basis. Credit Facility No. 2 requires us to pay the lender a facility fee on the total commitment of 0.15% per annum. These fees are payable quarterly.

Our unsecured credit facilities contain financial and other covenants with which we must comply. Some of these covenants include:

A minimum tangible net worth;

A maximum ratio of total liabilities to gross asset value, calculated using an estimate of fair market value of our assets;

A maximum ratio of secured indebtedness to gross asset value, calculated using an estimate of fair market value of our assets;

A minimum ratio of annual EBITDA (earnings before interest, taxes, depreciation and amortization) to fixed charges, including interest expense;

A minimum ratio of unencumbered asset value, calculated using a fair value of our assets, to unsecured indebtedness;

A minimum ratio of net operating income from our unencumbered properties to unsecured interest expense; and

A maximum ratio of permitted investments to gross asset value, calculated using an estimate of fair market value of our assets. Failure to comply with any of the covenants under our unsecured credit facilities or other debt instruments could result in a default under one or more of our debt instruments. This could cause our lenders to accelerate the timing of payments and would therefore have a material adverse effect on our business, operations, financial condition and liquidity. In addition, our ability to draw on our unsecured credit facilities or incur other unsecured debt in the future could be restricted by the loan covenants. As of September 30, 2010, we were in compliance with our loan covenants.

We anticipate that in the near term we may rely to a greater extent upon our unsecured credit facilities and potentially maintain balances on our unsecured credit facilities for longer periods than has been our historical practice. To the extent that we maintain larger balances on our unsecured credit facilities or maintain balances on our unsecured credit facilities for longer periods, adverse fluctuations in interest rates could have a material adverse effect on earnings.

Unsecured Notes

We generally issue unsecured notes to fund our real estate assets long-term. In issuing future unsecured notes, we generally seek to ladder the maturities of our debt to mitigate exposure to interest rate risk in any particular future year.

Depending upon market conditions, opportunities to issue unsecured notes on attractive terms may not be available. During periods in the recent past, unsecured notes were essentially unavailable for extended periods of time. While debt markets have materially improved, it is difficult to predict if the improvement is sustainable.

Our unsecured notes have maturities ranging from June 2011 through February 2028, as follows (in thousands):

| | September 30, 2010 | |
|-----------------------|---------------------------|------------------|
| | Note | Principal |
| 5.95% notes due 2011 | \$ | 150,000 |
| 5.05% notes due 2012 | | 50,000 |
| 5.125% notes due 2013 | | 60,000 |

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| | |
|--------------------------------------|------------|
| 5.25% notes due 2014 | 100,000 |
| 5.35% notes due 2015 | 150,000 |
| 4.95% notes due 2020 | 250,000 |
| 3.875% notes due 2026 ⁽¹⁾ | 125,495 |
| 7.25% notes due 2028 | 50,000 |
| | \$ 935,495 |

- ⁽¹⁾ On or after September 20, 2011, we may redeem the convertible notes at a redemption price equal to the principal amount of the notes plus any accrued and unpaid interest, if any, up to, but excluding, the purchase date. In addition, on September 15, 2011, September 15, 2016 and September 15, 2021 or following the occurrence of certain change in control transactions, holders of these notes may require us to repurchase the notes for an amount equal to the principal amount of the notes plus any accrued and unpaid interest thereon.

Our unsecured notes contain covenants with which we must comply. These include:

Limits on our total indebtedness;

Limits on our secured indebtedness;

Limits on our required debt service payments; and

Maintenance of a minimum level of unencumbered assets.

Failure to comply with any of the covenants under our unsecured notes could result in a default under one or more of our debt instruments. This could cause our debt holders to accelerate the timing of payments and would therefore have a material adverse effect on our business, operations, financial condition and liquidity. As of September 30, 2010, we were in compliance with our unsecured notes covenants.

During the 2010 Period, we repurchased \$8.8 million of our 3.875% convertible notes at 100.1% of par, resulting in a net loss on extinguishment of debt of \$0.3 million, net of unamortized debt costs and debt discounts.

On September 30, 2010, we issued \$250.0 million of 4.95% unsecured notes due October 1, 2020. The notes bear an effective interest rate of 5.053%. Our net proceeds were \$245.8 million. Subsequent to the end of the 2010 Quarter, we used the proceeds to repurchase \$122.8 million of our outstanding 3.875% convertible notes due in 2026 and \$56.1 million our 5.95% senior notes due in 2011 (see note 13 to the consolidated financial statements). We may use the remaining proceeds to repay borrowings under our lines of credit or for general corporate purposes.

We may from time to time seek to repurchase and cancel our outstanding notes through open market purchases, privately negotiated transactions or otherwise. Such repurchases, if any, will depend on prevailing market conditions, our liquidity requirements, contractual restrictions and other factors. The amounts involved may be material.

Common Equity

We have authorized for issuance 100.0 million common shares, of which 64.1 million shares were outstanding at September 30, 2010.

During the fourth quarter of 2009, we entered into a sales agency financing agreement with BNY Mellon Capital Markets, LLC relating to the issuance and sale of up to \$250.0 million of our common shares from time to time over a period of no more than 36 months, replacing a previous agreement made during the third quarter of 2008. Sales of our common shares are made at market prices prevailing at the time of sale. Net proceeds for the sale of common shares under this program are used for the repayment of borrowings under our lines of credit, acquisitions, and general corporate purposes. For the 2010 Quarter, we issued 1.7 million common shares at a weighted average price of \$30.98 under this program, raising \$51.0 million in net proceeds. For the 2010 Period, we issued 4.0 million common shares at a weighted average price of \$30.20 under this program, raising \$118.1 million in net proceeds.

We have a dividend reinvestment program, whereby shareholders may use their dividends and optional cash payments to purchase common shares. The common shares sold under this program may either be common shares issued by us or common shares purchased in the open market. We use net proceeds under this program for general corporate purposes. For the 2010 Quarter, we issued 43,662 common shares at a weighted average price of \$31.39 per share, raising \$1.4 million in net proceeds. For the 2010 Period, we issued 131,132 common shares at a weighted average price of \$30.02 per share, raising \$3.9 million in net proceeds.

Dividends

We pay dividends quarterly. The maintenance of these dividends is subject to various factors, including the discretion of our Board of Trustees, our results of operations, the ability to pay dividends under Maryland law, the availability of cash to make the necessary dividend payments and the effect of REIT distribution requirements, which require at least 90% of our taxable income to be distributed to shareholders.

The table below details our dividend and distribution payments for the 2010 and 2009 Quarters and Periods (in thousands).

| | Quarters Ended September 30, | | | | Periods Ended September 30, | | | |
|---|------------------------------|-----------|----------|--------|-----------------------------|-----------|----------|--------|
| | 2010 | 2009 | Change | | 2010 | 2009 | Change | |
| | | | \$ | % | | | \$ | % |
| Common dividends | \$ 27,647 | \$ 25,764 | \$ 1,883 | 7.3% | \$ 80,387 | \$ 74,194 | \$ 6,193 | 8.3% |
| Distributions to noncontrolling interests | 46 | 48 | (2) | (4.2%) | 137 | 143 | (6) | (4.2%) |
| | \$ 27,693 | \$ 25,812 | \$ 1,881 | 7.3% | \$ 80,524 | \$ 74,337 | \$ 6,187 | 8.3% |

Dividends paid for the 2010 Quarter and Period as compared to the 2009 Quarter and Period increased due primarily to the issuance of 4.0 million common shares under our sales agency financing agreement during 2010.

Cash flows from operations are an important factor in our ability to sustain our dividend at its current rate. If our cash flows from operations were to decline significantly, we may have to borrow on our lines of credit to sustain the dividend rate or reduce our dividend.

Historical Cash Flows

Consolidated cash flow information is summarized as follows (in millions):

| | Periods Ended September 30, | | | |
|---|-----------------------------|-----------|-----------|----------|
| | 2010 | 2009 | Change | |
| | | | \$ | % |
| Net cash provided by (used in) operating activities | \$ 83.5 | \$ 81.3 | \$ 2.2 | 2.7% |
| Net cash provided by (used in) investing activities | \$ (61.8) | \$ (8.2) | \$ (53.6) | (653.7%) |
| Net cash provided by (used in) financing activities | \$ 229.5 | \$ (77.9) | \$ 307.4 | 394.6% |

Our operating activities generated \$83.5 million of net cash in the 2010 Period, a small increase from \$81.3 million in the 2009 Period that is primarily attributable to the acquisition of Quantico Corporate Center during 2010.

Our investing activities used net cash of \$61.8 million in the 2010 Period compared to \$8.2 million in the 2009 Period. The cash used by investing activities during the 2010 Period was primarily due to the acquisition of Quantico Corporate Center (\$68.0 million) and capital improvements (\$14.6 million), partially offset by the sale of the Parklawn Portfolio (\$22.2 million).

Our financing activities provided net cash of \$229.5 million in the 2010 Period as compared to using \$77.9 million in the 2009 Period. The increase in cash provided by financing activities was primarily due to the issuance of \$250.0 million of 4.95% unsecured notes during the 2010 Quarter.

Ratios of Earnings to Fixed Charges and Debt Service Coverage

The following table sets forth our ratios of earnings to fixed charges and debt service coverage for the periods shown:

| | Quarters Ended | | Periods Ended | |
|---------------------------|--------------------|--------------------|--------------------|--------------------|
| | September 30, 2010 | September 30, 2009 | September 30, 2010 | September 30, 2009 |
| Earnings to fixed charges | 1.4x | 1.2x | 1.3x | 1.3x |
| Debt service coverage | 2.7x | 2.4x | 2.6x | 2.4x |

We computed the ratio of earnings to fixed charges by dividing earnings by fixed charges. For this purpose, earnings consist of income from continuing operations attributable to the controlling interests plus fixed charges, less capitalized interest. Fixed charges consist of interest expense, including amortized costs of debt issuance, and interest costs capitalized.

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We computed the debt service coverage ratio by dividing Adjusted EBITDA (which is earnings before interest expense, taxes, depreciation, amortization, gain on sale of real estate, gain/loss from the extinguishment of debt and gain/loss on non-disposal activities) by interest expense and principal amortization. We believe that Adjusted EBITDA is appropriate for use in our debt service coverage ratio because it provides an estimate of the cash available to pay down long term debt. Adjusted EBITDA

does not represent net income calculated in accordance with GAAP. As such, it should not be considered an alternative to net income as an indication of our operating performance. A reconciliation of Adjusted EBITDA to net income attributable to the controlling interests is in Exhibit 12 Computation of Ratios.

Funds From Operations

FFO is a widely used measure of operating performance for real estate companies. We provide FFO as a supplemental measure to net income calculated in accordance with GAAP. Although FFO is a widely used measure of operating performance for REITs, FFO does not represent net income calculated in accordance with GAAP. As such, it should not be considered an alternative to net income as an indication of our operating performance. In addition, FFO does not represent cash generated from operating activities in accordance with GAAP, nor does it represent cash available to pay distributions and should not be considered as an alternative to cash flow from operating activities, determined in accordance with GAAP, as a measure of our liquidity. The National Association of Real Estate Investment Trusts, Inc. (NAREIT) defines FFO (April, 2002 White Paper) as net income (computed in accordance with GAAP) excluding gains (or losses) from sales of property plus real estate depreciation and amortization. We consider FFO to be a standard supplemental measure for REITs because it facilitates an understanding of the operating performance of our properties without giving effect to real estate depreciation and amortization, which historically assumes that the value of real estate assets diminishes predictably over time. Since real estate values have instead historically risen or fallen with market conditions, we believe that FFO more accurately provides investors an indication of our ability to incur and service debt, make capital expenditures and fund other needs. Our FFO may not be comparable to FFO reported by other REITs. These other REITs may not define the term in accordance with the current NAREIT definition or may interpret the current NAREIT definition differently.

The following table provides the calculation of our FFO and a reconciliation of FFO to net income for the periods shown (in thousands):

| | Quarters Ended | | Periods Ended | |
|---|-----------------------|-----------|-----------------------|-----------|
| | September 30, 2010 | 2009 | September 30, 2010 | 2009 |
| Net income attributable to the controlling interests | \$ 6,625 | \$ 9,550 | \$ 26,835 | \$ 33,491 |
| Adjustments | | | | |
| Depreciation and amortization | 24,278 | 23,484 | 71,459 | 69,620 |
| Discontinued operations depreciation and amortization | | 205 | 96 | 879 |
| Gain on non-disposal activities | (4) | (62) | (4) | (62) |
| Gain on sale of real estate | | (5,147) | (7,942) | (11,821) |
| FFO as defined by NAREIT | \$ 30,899 | \$ 28,030 | \$ 90,444 | \$ 92,107 |

ITEM 3: QUALITATIVE AND QUANTITATIVE DISCLOSURES ABOUT MARKET RISK

The principal material financial market risk to which we are exposed is interest-rate risk. Our exposure to market risk for changes in interest rates relates primarily to refinancing long-term fixed rate obligations, the opportunity cost of fixed rate obligations in a falling interest rate environment and our variable rate lines of credit. We primarily enter into debt obligations to support general corporate purposes including acquisition of real estate properties, capital improvements and working capital needs.

As the majority of our outstanding debt is long-term, fixed rate debt, our interest rate risk has not changed significantly from what was disclosed in our 2009 Annual Report on Form 10-K. See Management's Discussion and Analysis of Financial Condition and Results of Operations Liquidity and Capital Resources Debt Financing.

ITEM 4: CONTROLS AND PROCEDURES

We maintain disclosure controls and procedures that are designed to ensure that information required to be disclosed in our Securities Exchange Act reports is recorded, processed, summarized and reported within the time periods specified in the SEC's rules and forms, and that such information is accumulated and communicated to our management, including our Chief Executive Officer, Chief Financial Officer and Executive Vice President of Accounting, as appropriate, to allow timely decisions regarding required disclosure. In designing and evaluating the disclosure controls and procedures, management recognized that any controls and procedures, no matter how well designed and operated, can provide only reasonable assurance of achieving the desired control objectives, and management necessarily was required to apply its judgment in evaluating the cost-benefit relationship of possible controls and procedures.

We carried out an evaluation, under the supervision and with the participation of our management, including our Chief Executive Officer, Chief Financial Officer and Executive Vice President of Accounting, of the effectiveness of the design and operation of our disclosure controls and procedures as of the end of the period covered by this report. Based on the foregoing, our Chief Executive Officer, Chief Financial Officer and Executive Vice President of Accounting concluded that our disclosure controls and procedures were effective at the reasonable assurance level.

There have been no changes in WRIT's internal control over financial reporting (as defined by Rule 13a-15(f)) that occurred during the period covered by the report that have materially affected, or are reasonably likely to materially affect, WRIT's internal control over financial reporting.

PART II
OTHER INFORMATION

ITEM 1: LEGAL PROCEEDINGS

None.

ITEM 1A: RISK FACTORS

None.

ITEM 2: UNREGISTERED SALES OF EQUITY SECURITIES AND USE OF PROCEEDS

None.

ITEM 3: DEFAULTS UPON SENIOR SECURITIES

None.

ITEM 4: (REMOVED AND RESERVED)

ITEM 5: OTHER INFORMATION

None.

ITEM 6: EXHIBITS

| Exhibit Number | Exhibit Description | Incorporated by Reference File | | | Filing Date | Filed Herewith |
|----------------|---|--------------------------------|-----------|---------|-------------|----------------|
| | | Form | Number | Exhibit | | |
| 4.30 | Form of 4.95% Senior Notes due October 1, 2020 | 8-K | 001-06622 | 4.1 | 9/30/2010 | |
| 4.31 | Officers Certificate establishing the terms of the 4.95% Senior Notes due October 1, 2020 | 8-K | 001-06622 | 4.2 | 9/30/2010 | |
| 10.30 | Amended and Restated Deferred Compensation Plan for Directors effective October 22, 2010 | | | | | X |
| 12 | Computation of Ratios | | | | | X |
| 31.1 | Certification of the Chief Executive Officer pursuant to Rule 13a-14(a) of the Securities Exchange Act of 1934, as amended (the Exchange Act) | | | | | X |
| 31.2 | Certification of the Executive Vice President Accounting and Administration pursuant to Rule 13a-14(a) of the Exchange Act | | | | | X |
| 31.3 | Certification of the Chief Financial Officer pursuant to Rule 13a-14(a) of the Exchange Act | | | | | X |
| 32 | Certification of the Chief Executive Officer, Executive Vice President Accounting and Administration and Chief Financial Officer pursuant to Rule 13a-14(b) of the Exchange Act and 18U.S.C. Section 1350, as adopted pursuant to Section 906 of the Sarbanes-Oxley Act of 2002 | | | | | X |
| 101 | The following materials from our Quarterly Report on Form 10 Q for the quarter ended September 30, 2010 formatted in eXtensible Business Reporting Language (XBRL): (i) the Consolidated Balance Sheets, (ii) the Consolidated Statements of Income, (iii) the Consolidated Statements of Shareholders Equity, (iv) the Consolidated Statements of Cash Flows, and (v) notes to these consolidated financial statements, tagged as blocks of text | | | | | X |

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

WASHINGTON REAL ESTATE INVESTMENT TRUST

/s/ GEORGE F. MCKENZIE
George F. McKenzie
President and Chief Executive Officer

/s/ LAURA M. FRANKLIN
Laura M. Franklin
Executive Vice President
Accounting, Administration and
Corporate Secretary

/s/ WILLIAM T. CAMP
William T. Camp
Executive Vice President and Chief Financial Officer

DATE: November 4, 2010