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BRITISH ENERGY GROUP PLC

Form 6-K

April 22, 2005

FORM 6-K

SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Report of Foreign Issuer

Pursuant to Rule 13a-16 or 15d-16 of
the Securities Exchange Act of 1934

April 22, 2005

BRITISH ENERGY GROUP PLC
(Registrant's name)

3 Redwood Crescent
Peel Park
East Kilbride G74 5PR
Scotland
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b):

Exhibit Index

The following document (bearing the exhibit number listed below) is furnished herewith and is made a part of this Report pursuant to the General Instructions for Form 6-K:

Exhibit	Description
No. 1	RNS Announcement, re: Notice of Trading Update dated 22 April 2005

22 April 2005

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British Energy Group plc

Post Year End Update

The Company intends to issue a post year end update at 7.00am Monday 25 April 2005 to include an update of output for the financial year ended 31 March 2005 and the fixed contract book for the financial year ended 31 March 2006. The statement is being made in line with best practice given the extended time between British Energy's financial year ended 31 March 2005 and the expected preliminary results announcement in July 2005. This extended period is to accommodate work in respect of the transition to IFRS and the fair value accounting associated with the financial restructuring.

Contact:

Andrew Dowler	020 7831 3113	(Media Enquiries)
John Searles	01506 408 715	(Investor Relations)

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Date: April 22, 2005

BRITISH ENERGY GROUP PLC

By: _____John Searles_____

Name: John Searles

Title: Director - Investor Relations