MCANALLEY BILL H

Form 4

November 17, 2004

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL

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STATEMENT OF CHANGES IN

if no longer subject to Section 16. Form 4 or Form 5

Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Washington, D.C. 20549

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

| 1. Name and Address of Reporting Person * MCANALLEY BILL H (Last) (First) (Middle) 600 S. ROYAL LANE, SUITE 200 | | | 2. Issuer Name and Ticker or Trading Symbol MANNATECH INC [MTEX] 3. Date of Earliest Transaction (Month/Day/Year) 11/17/2004 | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner X Officer (give title Other (specify below) | | | | | | | | | | | | | | | |
|---|-------------------|-------|---|------------|------------------------------|-------|--|-----------------|-----------|--|--|----------|--|--|--------------------------------|-----------|-------|------|---|-----------------|------|--|
| | | | | | | | | | | | | (Street) | | | 4. If Amendment, Date Original | | | 6. I | 6. Individual or Joint/Group Filing(Check | | | |
| | | | | | | | | | | | | | | | Filed(M | onth/Day/ | Year) | | plicable Line) _ Form filed by On | e Reporting Per | rson | |
| COPPELL | , TX 75019 | | | | | Pers | Form filed by Mo | re than One Rep | oorting | | | | | | | | | | | | | |
| (City) | (State) | (Zip) | Ta | ble I - No | on-Derivative Securities Acc | quire | d, Disposed of, | or Beneficiall | y Owned | | | | | | | | | | | | | |
| 1.Title of | 2. Transaction Da | | | 3. | 4. Securities Acquired (A | 1 | | 6. | 7. Nature | | | | | | | | | | | | | |

| (City) | (State) | (Zip) Tab | ole I - Non- | Derivative S | Securi | ities Acquire | ed, Disposed of, o | or Beneficially | Owned |
|--|--------------------------------------|---|--|--|--------|---------------|--|--|---|
| 1.Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transactio Code (Instr. 8) | 4. Securitie orDisposed o (Instr. 3, 4 a | f (D) | , , | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) |
| Common stock, par value \$0.0001 per share | 11/16/2004 | 11/16/2004 | S/K | 110,757 | D | \$ 21.9521 | 107,021 | D | |
| Common stock, par value \$0.0001 per share | 11/16/2004 | 11/16/2004 | S | 71,442 | D | \$ 21.7521 | 107,021 | D | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3. Transaction Date 3A. Deemed Execution Date, if any (Month/Day/Year) | | 5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5) | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|--------------------------------------|--|--------|--|--|--------------------|---|-------------------------------------|
| | | | | Code V | (A) (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Right to buy common stock | \$ 1.35 | 11/17/2004 | 11/17/2004 | X/K | 17,778 | 11/17/2004 | 05/13/2007 | common stock, par value \$0.0001 per share | 17,778 |
| Right to buy common stock | \$ 8 | 11/17/2004 | 11/17/2004 | X/K | 92,979 | 11/17/2004 | 11/24/2008 | Common stock, par value \$0.0001 per share | 92,979 |

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MCANALLEY BILL H 600 S. ROYAL LANE, SUITE 200 COPPELL, TX 75019

Chief Science Officer

Signatures

/s/ Bill H.

McAnalley 11/17/2004

**Signature of Date Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Reporting Owners 2

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