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Lithium Corp Form 8-K December 30, 2009

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 OR 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) December 29, 2009

LITHIUM CORPORATION

(Exact name of registrant as specified in its charter)

Nevada 333-148266 98-0530295
(State or other jurisdiction (Commission (IRS Employer of incorporation) File Number) Identification No.)

200 S Virginia St - 8th Floor, Reno, Nevada 89501 (Address of principal executive offices) (Zip Code)

(Registrant's telephone number, including area code) 714-475-3512

N/A

(Former name or former address, if changed since last report.)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

- [] Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
- [] Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
- [] Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
- [] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

ITEM 7.01 REGULATION FD DISCLOSURE

On December 29, 2009, our directors approved the adoption of the 2009 Stock Plan which permits our company to issue up to 6,050,000 shares of our common stock to directors, officers, employees and consultants of our company upon the exercise of stock options granted under the 2009 Plan.

ITEM 9.01 FINANCIAL STATEMENTS AND EXHIBITS

- 10.1 2009 Stock Plan
- 10.2 Form of Stock Option Agreement

SIGNATURES

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Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

LITHIUM CORPORATION

/s/ Tom Lewis

Tom Lewis

President, Chief Executive Officer and Director

Date: December 30, 2009