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Baker Steph Form 4 February 27	, 2013							
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION							PROVAL	
Check th		Washington				OMB Number:	3235-0287	
if no lon	ger STATEMENT	STATEMENT OF CHANGES IN BENEFICIAL OWN SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange					January 31, 2005	
subject t Section Form 4 o Form 5	6. or Filed pursuant to						verage rs per 0.5	
obligations may continue. See Instruction 1(b). Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940								
(Print or Type	Responses)							
1. Name and A Baker Stepl	Address of Reporting Person <u>*</u> nen W	2. Issuer Name an Symbol Spectra Energy		ding	5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (Middle)	3. Date of Earliest T	·		(Checl	k all applicable)	
, , ,	THEIMER COURT	(Month/Day/Year) 02/25/2013	ransaction		Director 10% Owner Officer (give title Other (specify below) below) Dresident, Union Gas			
(Street) 4. If Amer Filed(Mont			ate Original ar)		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
HOUSTON	I, TX 77056				Person		porting	
(City)	(State) (Zip)	Table I - Non-	Derivative Secu	urities Acq	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. De (Month/Day/Year) Execut any (Month		(A ot	sed of (D) ad 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock	02/25/2013	M	4,300 A	\$ 29.52	26,749	D (1)		
Common Stock	02/25/2013	F	1,996 D	\$ 29.52	24,753	D (1)		
Common Stock					2,176	I <u>(2)</u>	By Spouse	
Common Stock					2,660	I <u>(3)</u>	By Spouse	
Common Stock					7,319	I <u>(3)</u>	By Trustee	

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Common Stock						179	I <u>(4)</u>	By Trus	tee
Common Stock						3,128	I <u>(5)</u>	By Trus	tee
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number. SEC 1474 (9-02)									
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Securities	6. Date Exercisable and Expiration Date (Month/Day/Year)7. Title and Amount Underlying Securiti (Instr. 3 and 4)		Securities D	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Ltip Phantom Stock Grant	<u>(6)</u>	02/25/2013		М	4,300	02/23/2013 <u>(7)</u>	(8)	Common Stock	4,300

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Baker Stephen W 5400 WESTHEIMER COURT HOUSTON, TX 77056			President, Union Gas				
Signatures							
/s/ Allison McHenry, attorney-in- Baker	02/27/2013						
	_		_				

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Total includes 167 shares in RRSP (Canadian Retirement Savings Plan)
- (2) Shares held in RRSP (Canadian Retirement Savings Plan)
- (3) Shares in EPSP (Canadian Employee Savings Plan)
- (4) Shares in RESP (Canadian Education Plan for Children)
- (5) Ancillary defined benefit plan.
- (6) Converts to Common Stock on a 1 to1 basis.
- (7) Cliff vests 3 years from date of grant.
- (8) Expiration Date Not Applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.