Edgar Filing: Harris Alan N - Form 4

Harris Alan Form 4 May 02, 20										
FORM	ЛЛ							PPROVAL		
	UNITED		CURITIES A Washington			COMMISSIO	N OMB Number:	3235-0287		
Check t if no lor subject Section Form 4 Form 5	to STATEN 16. or		SECU	RITIES	WNERSHIP OF	Estimated burden hou response	urs per			
obligati may cor <i>See</i> Inst 1(b).	ons Section 17(a) of the Publ	• •	ding Cor	npany Act	of 1935 or Secti				
(Print or Type	Responses)									
1. Name and Address of Reporting Person <u>*</u> Harris Alan N			2. Issuer Name and Ticker or Trading Symbol			5. Relationship of Reporting Person(s) to Issuer				
			ectra Energy (• -	2]	(Check all applicable)				
(Last) (First) (Middle) 5400 WESTHEIMER COURT			3. Date of Earliest Transaction (Month/Day/Year) 04/30/2012			Director 10% Owner X Officer (give title Other (specify below) below) Chief Dev & Ops Officer				
(Street)			4. If Amendment, Date Original			6. Individual or Joint/Group Filing(Check				
HOUSTON	N, TX 77056-5310		d(Month/Day/Yea	_X_Form filed by				One Reporting Person More than One Reporting		
(City)	(State)	(Zip)	Table I - Non-I	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution Date any	3. r, if Transactio Code ear) (Instr. 8) Code V	Disposed (Instr. 3, 4	(A) or of (D) 4 and 5) (A) or	Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Re	port on a separate line	e for each class of		ficially ow	ned directly of	•				
				Perso	ns who res	spond to the colle	ection of S	SEC 1474		

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02) required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orDerivative	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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(Instr. 3)	Price of Derivative Security		(Month/Day/Year)	(Instr. 8	Í I (Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)					
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Shares Esp	\$ 0	04/30/2012		А		148.8344		(2)	<u>(1)</u>	Common Stock	148.8344

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
Harris Alan N 5400 WESTHEIMER COURT HOUSTON, TX 77056-5310			Chief Dev & Ops Officer					
Signatures								

/s/Emily L. Strait, attorney-in-fact for Mr. Harris

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Expiration date not applicable.
- (2) Payable upon termination of employment or occurence of other events as specified in the Spectra Energy Corp Executive Savings Plan, subject to holding periods required by law.

05/02/2012

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.