#### Edgar Filing: Harris Alan N - Form 4

Harris Alan Form 4 February 28 <b>FORM</b> Check th if no lon subject t Section Form 4 o Form 5 obligatio may con <i>See</i> Instr 1(b).	, 2012 <b>A UNITED</b> ais box ger o STATE o STATE o Filed pu Section 17	MENT O rsuant to (a) of the	Was F CHAN Section 1 Public U	shington, IGES IN SECUR 6(a) of th	D.C. 20 BENEFI UTIES e Securit ding Com	549 ICIA ies E	L OWN xchange / Act of	OMMISSION NERSHIP OF e Act of 1934, 1935 or Sectior 0	OMB Number: Expires: Estimated a burden hour response	0	
(Print or Type	Responses)										
1. Name and Address of Reporting Person <sup>*</sup> Harris Alan N			2. Issuer Name <b>and</b> Ticker or Trading Symbol Spectra Energy Corp. [SE]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Check					k an applicable)			
5400 WESTHEIMER COURT			(Month/Day/Year) 02/24/2012					Director 10% Owner X Officer (give title Other (specify below) Chief Dev & Ops Officer			
				4. If Amendment, Date Original Filed(Month/Day/Year)				<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>			
HOUSTON	I, TX 77056-531	0						Form filed by M Person	lore than One Rej	porting	
(City)	(State)	(Zip)	Tabl	e I - Non-D	Derivative S	Securi	ities Acq	uired, Disposed of	, or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	) Executio any		Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4	sposed 4 and 5 (A) or	l of (D) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	02/24/2012			Code V M	Amount 30,900	(D) A	Price \$ 31.73	115,962	D		
Common Stock	02/24/2012			F	11,264	D	\$ 31.73	104,698	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount o Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Number of Share
Ltip Phantom Stock Grant Feb 2009	<u>(1)</u>	02/24/2012		М		30,900	02/24/2012	02/24/2012 <u>(2)</u>	Common Stock	30,90

## **Reporting Owners**

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
Harris Alan N 5400 WESTHEIMER COURT HOUSTON, TX 77056-5310			Chief Dev & Ops Officer				
Signatures							
/s/Emily L. Strait, attorney-in-fact Harris	for Mr.	02/28/201	2				
**Signature of Reporting Person		Date					

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Converts to Common Stock on a 1-for-1 basis.
- (2) Grant cliff vests 3 years from date of Grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.