

Home Federal Bancorp, Inc. of Louisiana
 Form 4
 February 04, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
BARLOW JAMES R

2. Issuer Name and Ticker or Trading Symbol
 Home Federal Bancorp, Inc. of Louisiana [HFBL]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)
 C/O HOME FEDERAL BANK, 624 MARKET STREET
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)
 01/31/2014

Director 10% Owner
 Officer (give title below) Other (specify below)
 President & COO*

SHREVEPORT, LA 71101

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V Amount (A) or (D) Price			
Common Stock	01/31/2014		F ⁽¹⁾	1,439 D \$ 17.6	21,542 ⁽²⁾	D	
Common Stock					10,250	I	By IRA
Common Stock					550	I	By Spouse
Common Stock					8,329.7012 ⁽³⁾	I	By 401(k) Plan
Common Stock					2,416.7985	I	By ESOP

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price or Amount of Underlying Securities (Instr. 3 and 4)
Employee Stock Option (right to buy)	\$ 14.7					(4) 01/31/2022	Common Stock	48,630
Employee Stock Option (right to buy)	\$ 10.93					(5) 08/19/2020	Common Stock	9,611

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
BARLOW JAMES R C/O HOME FEDERAL BANK 624 MARKET STREET SHREVEPORT, LA 71101	X		President & COO*	

Signatures

/s/James R. Barlow 02/04/2014

**Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Disposition solely to meet tax obligation for distribution from Recognition and Retention Plan.

(2) Includes 11,672 shares held in the 2011 Recognition and Retention Plan Trust which reflect the unvested portion of a grant award originally covering 19,452 shares that commenced vesting at a rate of 20% per year on January 31, 2013 and 1,125 shares held in the 2005 Recognition and Retention Plan Trust which reflect the unvested portion of a grant award originally covering 2,808 shares that commenced vesting at a rate of 20% per year commencing on August 19, 2011.

(3) Reflects units which represent share interests in the Issuer's 401(k) Plan. Based on a report dated January 31, 2014.

(4) The options are vesting at a rate of 20% per year commencing on January 31, 2013.

(5) The options are vesting at a rate of 20% per year commencing on August 19, 2011.

Remarks:

* Also serves as President and Chief Executive Officer of the Issuer's wholly owned subsidiary, Home Federal Bank.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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